



## MWR GSR JUNE 2019 Telecon Minutes



**When:** Saturday, June 15, 2019 9A Central  
**Where:** Free Conference Call, Dial 1-605-475-4700; Access code: 338671#  
(\*6 to mute phone; \*6 to unmute a muted phone)  
**Recording #179**

### Chair call to Order 9:00 AM CST

Open with the Serenity Prayer led by Dale

**Roll Call:** Cathy

Meeting Location - RSC Position	GSR	Meeting Location - RSC Position	GSR
IL Danville	Lisa B (GSR)	IL Homewood	Bill S (GSR) Julie
IL Schaumburg	Ilene N (GSR)	IL WillowSpring	Don G (GSR)
IL Springfield	Marilyn (Alt GSR)	IL Christopher	Cheryl (GSR) Nela C (Alt GSR)
IL Villa Park	Christina G (GSR)	MO Maryland Heights	Laura D (GSR) Kevin A
IL O'Fallon	Anna P (GSR)	MO Chesterfield	Debbie S (GSR)
MO Pleasant Valley RSC	Kathy S (GSR & Narateen Chair)	KS Shawnee	Judy L (GSR)
KS Topeka	Gerri M (GSR)	IL ELmhurst	Ruth (GSR)
IL Vandalia RSC	Leanne (GSR & Outreach Chair)	RSC	Dale (Chair)
RSC	Rod (Treasurer & Website Chair)	RSC	Therrsa (Delegate)
RSC	Cathy (Secretary)		

### Approval of Minutes:

**MOTION:** Motion to accept the Minutes for May 18, 2019 as written

Motion to approve the minutes as revised & resent: Laura D

Seconded by: Bill

No discussion - Unanimously approved

Final tally: 17 yes – 0 no – 0 abstain

*Refer to attendees listed above*



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**Financial Report:** Rod, Treasurer

*See Treasurer Report sent via email & posted on MWR website*

New Meeting Starter Kit Literature - Indianapolis, IN - Sunday

<http://www.naranonmidwest.org/member-services/treasurers-reports/>

**Outreach:** Leanne, Outreach Committee Chair

<https://www.nar-anon.org/events>

**Narateen Report:** Kathy S

New group in IL Danville beginning process

**Delegate Report:** Theresa, Delegate

**Conventions:** Victoria, Convention Committee Chair

**Website Report:** Rod, Web Committee Chair

**Old Business (For your review, we will not discuss unless someone has questions)**

1. Start planning on your involvement/participation in the 10<sup>th</sup> Midwest Region Assembly in the Chicago area next Oct 18-20, 2019, at the Addison Hampton Inn, Addison IL  
Interested in being involved contact Cathy C - Secretary
2. Get a consensus on adding the Outreach document to the website  
How to set a table & what to include  
Midwest Website: Member Services > Outreach  
<http://www.naranonmidwest.org/member-services/outreach-monthly-challenges/>
3. "How to Start a Meeting" doc as well as the "Starter Literature Kit" new info from the RSC committee  
Comments/Questions please contact Rod-Theresa-Leanne-Carla  
Vote will occur July GSR meeting  
Ruth: Why not use regular 12 Steps (Naranon 36) book instead we use little yellow 12 Step book - Only \$4 more & has a great introduction about the family disease  
Leanne: Due to cost & this is an introduction - Can be overwhelming - Keep it simple  
Rod: If others would like a change, please speak up  
Dale: If you were starting a meeting - Which would be most helpful  
Kathy S: When starting was overwhelmed - Felt the yellow book was used & then graduated to Naranon 36  
Theresa: If group has one copy of Naranon 36 - We should purchase ourselves & work for self  
Dale: Naranon 36 is a workbook  
Theresa: This is why we want us to look at what literature & say what you would like  
Have heard that groups would like SESH books  
Rod: Need a lot of help to start a meeting. Shared new document with a woman who wanted to start a meeting & woman decided not to move forward, did not realize what was needed. Changing extensively what region will send new FHG. Hold off for 3 months before sending literature & asking GSR to be involved with MWR. Be involved in mentor program. Do FHG give out new packet to newcomers.  
Nela: Unable to attend GSR meeting because of work. Her mentor has not reached out, she has reached out to mentor more. How do you judge?  
Rod: RSC would contact mentor to see how relationship is moving.



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Dale: Bring information to FHG

Judy: Outlines the commitment to start a meeting - Likes proposed documents

Bill: Need to have 2-3 people committed

4. Entertain a motion to be able to send an electronic copy of the GSR call minutes to an individual GSR who cannot be on the call
  - RSC has discussed & spoken to various GSR members
  - We will provide a copy to an individual who can not make the GSR call
  - That person must contact Cathy (secretary) who can then send a digital copy
  - MOTION:** Motion to send an electronic copy of the GSR call minutes to a GSR who can not attend the GSR call, that person(s) will have to request this from the secretary: Ilene
  - Seconded by: Theresa
  - No discussion - Unanimously approved
  - Final tally: 17 yes – 0 no – 0 abstain
  - Refer to attendees listed above*

### New Business

1. Introduce Kevin A and vote on interim treasurer
  - Kevin and Rod have spoken over the last couple of weeks
  - Begin process of adding himself to bank account
  - MOTION:** Motion to accept the Kevin A as Interim Treasurer until 2019 Assembly
  - Motion to approve: Rod
  - Seconded by: Theresa
  - No discussion - Unanimously approved
  - Final tally: 17 yes – 0 no – 0 abstain
  - Refer to attendees listed above*
2. Vice-Chair elected 2018 Assembly
  - Jim has informed Dale that he can not commit
  - Need someone to step in as Interim Vice-Chair
  - Dale will complete his 2 year term at 2019 Assembly
  - Everyone needs to look at self & around to assist to fill position
3. GSR 'Open Microphone'
  - No discussion
4. Question of the month: Tradition 9, including thoughts from members introducing service with gratitude from experience
  - Theresa: Service in the region - Need positions filled for RSC - Need experienced people to fill positions - It is not the responsibility of the RSC to fill these positions - RSC works for FGH as a whole - How does the GSR want to address service
  - Leanne: Shared her story - Started journey her in 1980 - When first got involved with Naranon wanted to learn more, so started to attend GSR call - Service allows you to grow
  - Theresa read: 'Service is not a perfect venture. We are never ready for all the things that come to us, good, bad or ugly. Haven't we learned that by now? That we let go and let God. That we take things as they come, one day at a time. That we all work our recovery in our own time and in our own way. That we rely on a Power greater than ourselves to guide us. That we can only change ourselves. That when we make decisions that affect people outside our hula hoop, we discuss all viewpoints before making a group conscious driven decision. That we are all trying, in our way, to make ourselves and the world, better. What it comes down to is- we don't need perfect, we don't need ready, we need willing. In service.'



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- Bill: Wants to be there for the next person who walks in the door
5. Next GSR Teleconference: Saturday, July 20th, 9AM Central

Dale closed:  
Adjourned at 10:02 CST

Respectfully submitted by Cathy

GSRs are ***invited*** and ***encouraged*** to eMail any RSC member with discussion topic recommendations for next month's agenda prior to the first Saturday of the month.

Donations to the Region should be made payable to "Midwest Region of Nar-Anon" and forwarded to:  
(Please do NOT write "Nar-Anon" on the envelope)

Kevin Adkins  
9760 Grandview Drive  
Saint Louis, MO 63132

[www.naranonmidwest.org](http://www.naranonmidwest.org)

(The password for the Member Service section on the Midwest Website: nmw13)