



## MIDWEST REGION OF NAR-ANON

### JULY RSC Conference Call Minutes

Saturday, July 7, 2019 – 8 AM Central

Where: Free Conference Call, Dial 1-605-475-4700; Access code: 338671#

(\*6 to mute phone; \*6 to unmute a muted phone)

Recording #180

Purpose of meeting to discuss bank relationships and business at hand for the Midwest Region of Nar-Anon

**Chair call to Order 8:00am CST**

Open with the Serenity Prayer led by Dale

**Roll Call:** Secretary

Chair – Dale	Treasurer – Kevin	Convention –
Vice Chair –	Treasurer - Rod	Outreach - Leanne
Secretary – Cathy	Delegate –	Narateen -
Webmaster - Rod	Alt. Delegate –	

**Approval of Minutes:**

**MOTION:** Motion to accept the Minutes from June 1, 2019 as written.

Motion to approve: Leanne

Seconded by: Kevin

No discussion - Unanimously approved

*Refer to attendees listed above*

Final tally: 5 yes – 0 no – 0 abstain

**Financial Report:** Treasurer, Kevin

*(See Treasurer Report sent by Kevin & posted on MWR website to be reviewed with GSRs.)*

3 donations: KS Topeka (Wed) -MO St Peters - IL Vandalia

Starter Kit:

**Outreach Report:** Outreach Committee Chair, Leanne

Step Meeting KY Louisville on July 20-21

Meet with group that wants to start Naranon meeting - Community hit hard

**Website Report:** Webmaster, Rod

3 New Meetings:

MO Sedalia started in March 2019 - Kathy S will be mentor

IL Woodstock starting July 2019 - Cathy C will be mentor

KS Phillipsburg starting in July 2019 - Rod S will be mentor

Continue to use current Starter Kit & How to Start a Meeting until new ones are voted in by GSR

Narateen: <http://www.naranonmidwest.org/narateen/>

**Convention Report:** Convention Committee Chair, Victoria

No report

**Narateen Report:** Narateen Chair, Kathy S

No report



## MIDWEST REGION OF NAR-ANON

**Delegate Report:** Delegate, Theresa and Alternate Delegate, Open  
No report

### Old Business:

- Need to ramp up search for Alt Delegate and initiate Vice Chair role
  - Think about GSR who have attended meetings regularly
  - Nela possibly interested in Alt Delegate
    - Leanne spoke to her after GSR to encourage - She loves Outreach
  - Dale would like ballot ready with filled positions for Sept GSR meeting
- Assembly updates
  - Flier will be ready and sent out with GSR meeting information in July
  - Add to July GSR agenda to open discussion
  - 10 year anniversary
- Discuss GSR recording on website due to GSR call in May-passed to send to individuals
  - GSR June meeting voted allow Secretary to send copy of recording to any GSR that requests
- Presented at GSR June meeting
  - How to start a meeting doc review
    - Consensus discussion for GSR in July
    - GSR can discuss about Narateen
  - Starter kit literature comm notes review
    - Carla will discuss updates in July GSR meeting
    - Consensus discussion for GSR in July
  - Rod has not received any input
- Kevin A was voted in as Midwest Regional of Nar-Anon Treasurer

### New Business:

- Nela not getting mentor call
  - Lori from Maryville is mentor
  - Leanne encouraged Nela to reach out to her mentor
  - Nela as potential
  - Cathy: People's expectations are different - Nela's expectation might be a constant reach out -
    - We have had mentors who have reached out without any response - We need to go with the flow - What are our expectations on both sides (mentor or mentee)
  - Dale: Assembly topic from view point of both mentor & mentee -
  - Leanne: Nela is very well organized = Lori may feel Nela does not need help - Willing to be facilitator at Assembly
- Bank information
  - Midwest Region of Nar-Anon was established November 19, 2009
  - MOTION:** Motion that Midwest Region of Nar-Anon's bank account will no longer have an owner on bank account and all names on Midwest Region of Nar-Anon bank account will be signers.
  - Motion to approve: Kevin
  - Seconded by: Rod
  - No discussion - Unanimously approved
  - Refer to attendees listed above*
  - Final tally: 5 yes – 0 no – 0 abstain
  - The listed names on the account are:
    - Treasurer - Roderick C Seeman & Kevin Adkins



## MIDWEST REGION OF NAR-ANON

Chair - Dale Schwartz

Secretary - Cathleen Carroll

Possible change who does calendar adds-not convention chair? Website person or delegate

Rod: Convention chair to assist Assembly - Liason - RSC Coordinator - Diane was the only person who added convention information to calendar

Leanne: Outreach can add convention information to calendar - Assembly chair position -

Need to pull from NA & World website - Can add this task added to this position

Cathy: Would be very helpful to have a chair that facilitated Assembly

Dale: No motion needed to change position - Inform & discuss with GSR

Rod: Have discussed starting a Nar-Anon Convention

Dale: Remove calendar program & move to Outreach, add to GSR July agenda

GSR Teleconference Agenda for August topics...

Conference call ended at 9:36 am CDT July 6, 2019

Respectfully submitted by Cathy C

The minutes have been approved by Midwest Region of Nar-Anon voting method

Attested to by Chair

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Dale Schwartz