



MIDWEST REGION OF NAR-ANON

SEPTEMBER RSC Conference Call Minutes

Saturday, September 7, 2019- 8 AM Central

Where: Free Conference Call, Dial 1-605-475-4700; Access code: 338671#

(*6 to mute phone; *6 to unmute a muted phone)

Recording #184

Purpose of meeting is to discuss the business of the Midwest Region of Nar-Anon

Chair call to Order 8:00am CST

Open with the Serenity Prayer led by Dale

Tradition & CONcept 9 read by: Leanne

Roll Call: Secretary

Chair – Dale	Interim Treasurer – Kevin	Convention –
Vice Chair –	Treasurer - Rod	Outreach - Leanne
Secretary – Cathy	Delegate – Theresa	Narateen -
Webmaster - Rod	Alt. Delegate –	

Approval of Minutes:

MOTION: Motion to accept the Minutes from Aug 3, 2019 as submitted.

Motion to approve: Kevin

Seconded by: Leanne

No discussion - Unanimously approved

Refer to attendees listed above (Theresa arrived after motion, not included)

Final tally: 5 yes – 0 no – 0 abstain

Financial Report: Kevin, Interim-Treasurer

<http://www.naranonmidwest.org/member-services/treasurers-reports/>

Donations: none

Starter Kits:KS Independence

Outreach Report: Leanne, Outreach Committee Chair

<https://www.nar-anon.org/events> (Midwest website)

<https://www.nar-anon.org/outreach> (World Service website)

IL Christopher: Sept 28th celebration for Recovery month

Flier is on website

Leanne a bit discouraged with lack of service

Dale: Not everyone is ready & may only be able to make the meeting

Rod: Leanne do you ask a person specifically to do something? If he asks specific person, seems to get a better response.

Leanne: Brought sheet & one person signed up. They step up & they have meetings when Leanne is not there. Will try direct approach

Cathy: Asked Leanne if she is the only one leading meeting. FHG pass the calendar for sign up.

Leanne: Yes she always leads.

Convention Report: Victoria, Convention Committee Chair

<http://www.naranonmidwest.org/calendar/> (Midwest website)

<https://www.nar-anon.org/events> (World Service website)

No report



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Website Report: Rod, Webmaster

New Meetings: KS El Dorado. Gentleman contacted Rod, nothing from WSO. Trouble with reaching him,

Closed Meeting: MO Anutt

Narateen Report: Kathy, Narateen Chair

<http://www.naranonmidwest.org/narateen/>

<https://www.nar-anon.org/narateen>

No report

Delegate Report: Theresa, Delegate and Open Alternate Delegate

<https://www.nar-anon.org/>

Sept 5: Kathy S sent an email, only a few people received. Would like to continue but not able to make Saturday calls. Opening discussion as to if not attending calls is required.

Dale: Decision to new Chair. Ruth may have intent to move Saturday RSC call. Decide who needs to be on call.

Rod: Similar with Nela (Outreach Chair). Not a problem if not attending as long as communication is funneled to calls.

Literature committee is requesting writings on Tradition 7 - Self supporting in terms of money & also in terms of individual

Translation is always needed at WSO

Upcoming events for Nar-Anon: January 17-18, 2020 in Monterey, CA

March 20-22, 2020 in Pennsylvania

Upcoming events for NA: Oct 11-13, 2019 in Indianapolis, IN

Theresa happy to inform of Nar-Anon & NA during GSR meeting

Is that easily addable for future for this position

Old Business:

1. Assembly updates
 - a. Meet with Theresa & Judy about Detachment on presentation
 - b. Presentations
 - i. Yoga
 - ii. Detachment
 - iii. Meditation
 - iv. The Serenity Prayer
 - c. Baskets
 - d. Volunteers to share their stories on Sunday
 - i. Have on member scheduled
 - e. Will send out an updated flier to everyone
 - f. Rod will coordinate laptop for presentation
 - i. Cathy will check to see if we can get in on Friday

New Business:

1. Possible nominees: Ruth-Chair, Alt delegate-Cathy, Outreach-Nela
2. Position can be individualized depending on person
3. Status of Convention Chair

Cathy would like a Convention Chair

Theresa: Event Planning Handbook: details step what to do. Purchasing one is a good idea.

Delegate is busy from Jan-April, other time is quiet. Could be folded into

Delegate-Alt. Do we have enough interest to have a Convention? What it will look it



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like?

Dale: Have not discussed what Convention would be like? Used hand out that Janice created. Do we really need someone to do calendar updates? Facilitate a Convention event? Pull calendar portion off Convention Chair. Separate calendar item & convention.

Theresa: Delegate/Alt can send Secretary for upcoming 3 months. Up to FHG in area if they want to be involved with NA.

Cathy: Facilitator of information via spreadsheet. Rod also place on calendar.

Dale: One document that listed everything in Region. Also on calendar.

Theresa: We do not a Convention Chair. Clean up Janice's document into check list style. Need GSR to vote in Assembly

Rod stated there are many websites to review, not everything on National sight
Move calendar portion off of Convention Chair updating to Delegate/Alt. Will inform GSR at Assembly of task change

Rod; Can have workshops in both Assembly & Convention

Leanne: Not sure if people can afford 2 a year. Theresa agrees

Only look for Convention Chair, is there someone willing to step into this position

4. Status of Secretary
 - a. No nominees
 - b. What pieces can be taken off
 - c. Be what it is depending on volunteer
 - d. Cathy will summarize minimal duties
5. Status of Chair
 - a. Ruth will reach out to Dale
 - b. Ruth might move RSC to a week night
6. Discussion if region wants to have a Convention

Dale: Discussion & conscious

Cathy: Combine Assembly & Convention. Add Friday afternoon - All Saturday - Sunday morning

Theresa: Likes one weekend as a transition

Rod: Remember distance of the Region

Theresa: Vacation rental houses

Kevin: Likes adding Friday afternoon-evening

Dale: Bring up at Assembly
7. Nara-Teen Process Chair
 - a. Ok not to attend phone calls
 - b. Dale to teach out to Kathy
8. Starter Kit Literature
 - a. Rod sent out to everyone
 - b. Wait for 3 months - Willingness to participate - Mentoring interaction
 - c. Have a set at Assembly to review
 - d. Last thing in business meeting take a vote
 - e. Cathy will print all the free literature & place into binder
 - f. Dale: Place on GSR Sept call
9. Nara-Teen Literature
 - a. Personal call between Rod & Kathy
10. GSR Teleconference Agenda for September topics...
 - a. Contact Dale



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Meeting closed by Chair, Dale
Adjourned 9:40 CST
Respectfully submitted by Secretary, Cathy