



MIDWEST REGION OF NARANON



MWR GSR JULY 2019 Telecon Minutes

When: Saturday, JULY 20, 2019– 9A Central

Where: Free Conference Call, Dial 1-605-475-4700; Access code: 338671#
(*6 to mute phone; *6 to unmute a muted phone)

Recording #181

Purpose of meeting is to discuss the business of the Midwest Region of Naranon

Chair- Dale call to Order 9:00 AM CST

Open with the Serenity Prayer led by Dale

Roll Call: Secretary - Cathy

Meeting Location - Name	GSR-RSC	Meeting Location - Name	GSR-RSC
IL Schaumburg Teri	Alt	IL DuQuoin Maria	GSR
IL Woodstock Sherry	GSR	IL Christopher Cheryl	GSR
MO Chesterfield Debbie	GSR	MO Maryland Heights Laura	GSR
MO Pleasant Valley Kathy	GSR	KS Emporia Carla	GSR
KS Topeka Ruth	GSR	KS Shawnee Judy	GSR
IL WillowSpring Don	GSR	IL Geneva Barb	GSR
KS Leawood Carly	GSR	RSC Dales	Chair
RSC Rod	WebMaster Treasurer	RSC Cathy	Secretary
RSC Kevin	Treasurer		

Approval of Minutes:

MOTION: Motion to approval of Minutes from June 22, 2019 as written

Motion to approve: Laura

Seconded by: Carla

No discussion - Unanimously approved

Final tally: 15 yes – 0 no – 0 abstain

Refer to attendees listed above



MIDWEST REGION OF NARANON



Financial Report: Rod, Treasurer

See Treasurer Report sent via email & posted on MWR website

<http://www.naranonmidwest.org/member-services/treasurers-reports/>

Comments: Kevin has been approved on the bank account

Donations: KS Topeka (Wed) - MO St Peters - IL Vandalia

Outreach: Leanne, Outreach Committee Chair

<https://www.nar-anon.org/events>

September is Recovery Month

Conventions: Victoria, Convention Committee Chair

No report

Website Report: Rod, Web Committee Chair

New meetings: IL Vandalia: Kathy S mentor

IL Woodstock: Cathy C mentor

KS Phillipsburg: Rod mentor

KS Independence: Carla mentor

Closed meetings: None

Narateen Report: Kathy S

Currently working on new packet information & website

Delegate Report: Theresa, Delegate

No report

Old Business (For your review, we will not discuss unless someone has questions)

1. Shawnee retreat
August 3rd
Detachment with Love: Acceptance - Boundaries - Change
https://www.naranonmidwest.org/event/2019-kc-retreat/?instance_id=101555
2. Start planning on your involvement/participation in the 10th Midwest Region Assembly in the Chicago area next Oct 18-20, 2019, at the Addison Hampton Inn, Chicago IL

New Business

1. "How to Start a Meeting" doc
Sherry liked document
General conscientious to accept literature
2. "How to start a Narateen Meeting" on website
Nothing to discuss at this time
3. Possible RSC position changes-openings
Alt Delegate- Cathy interested
Secretary
Need Vice Chair/Chair
Outreach Chair
4. Theme and Topic ideas for MWR Assembly held in October in IL Addison
Last year's theme: Living and Loving Life
Planning meeting a week from Sunday
Focused on healing - hope as we celebrate 10 years - focus on ourselves
Powerlessness or powerful



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GSR bring up with one idea for theme or topic

Communicate with Cathy or Ruth

Registration form is still coming

Tutorial of website

Resource tool: Book that had all pamphlets available

New Comers Packets

5. Review thoughts on change to Outreach chair responsibilities add calendar updates

Decided at Assembly

Which position to collect conventions throughout region and place on website

Currently only present on calendar

No listing currently in a document

Valuable to have a document to search for upcoming events

GSR 'Open Microphone' –

GSR consensus for Starter Kit after discussion with Carla in open mic

Discontinuing the Newcomer Packets

What are groups handing out to newcomers

Small blue booklet - several pamphlets

First four weeks something given - skip 5 - seek 6 coin

Welcome page that wraps pamphlets - coin

Should pass Naranon approved information

Share information & forward to Rod

Small blue book - pamphlets - nothing set

Small blue book with name & phone numbers of other members - select free literature

Small booklet with personal stories - various pamphlets

Small blue book - pamphlets - kleenex

Next GSR Teleconference: Saturday, August 17th, 9AM Central

Dale closed: Adjourned 10:00 CST

Respectfully submitted by Cathy

GSRs are **invited** and **encouraged** to eMail any RSC members with discussion topic recommendations for next month's agenda prior to the first Saturday of the month.

Donations to the Region should be made payable to "Midwest Region of Nar-Anon" and forwarded to:

(Please do NOT write "Nar-Anon" on the envelope)

Kevin Adkins

9760 Grandview Dr

St Louis, MO 63132

www.naranonmidwest.org

(The password for the Member Service section on the Midwest Website: nmw13)