



MIDWEST REGION OF NAR-ANON

NOVEMBER RSC Conference Call Minutes

Saturday, November 2, 2019 8 AM Central

Where: Free Conference Call, Dial 1-605-475-4700; Access code: 338671#

(*6 to mute phone; *6 to unmute a muted phone)

Recording #187

Purpose of meeting is to discuss the business of the Midwest Region of Nar-Anon

Chair call to Order 8:05 am CST

Open with the Serenity Prayer led by Kevin

Eleventh Tradition & Concept led by Ruth

Roll Call: Secretary

Chair – Ruth	Treasurer – Kevin	Convention –
Vice Chair –	Delegate – Theresa	Outreach –
Interim Secretary – Cathy	Alt. Delegate – Cathy	Narateen –
Guest - Mary WI		Webmaster - Rod

Approval of Minutes:

MOTION: Motion to accept the Minutes from September 2, 2019 as written.

Motion to approve: Kevin

Seconded by: Theresa

No discussion - Unanimously approved

Refer to attendees listed above

Final tally: 4 yes – 0 no – 0 abstain

Financial Report: Kevin, Treasurer

<http://www.naranonmidwest.org/member-services/treasurers-reports/>

Donations: Located on report sent - KS Emporia - In Bloomington - IL Elmhurst - IL Glenview

Assembly: <https://www.naranonmidwest.org/midwest-regions-annual-assembly/>

Outreach Report: Nela, Outreach Committee Chair

<https://www.nar-anon.org/events> (Midwest website)

<https://www.nar-anon.org/outreach> (World Service website)

No report

Convention Report: OPEN, Convention Committee Chair

<http://www.naranonmidwest.org/calendar/> (Midwest website)

<https://www.nar-anon.org/events> (World Service website)

No report

Website Report: Rod, Webmaster

Assembly information

GSR calls section on website: Member Services > list of motions - open mic discussions - question of month

New Meetings: None

Closed Meetings: None



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Narateen Report: Kathy, Narateen Chair

<http://www.naranonmidwest.org/narateen/>

<https://www.nar-anon.org/narateen>

No report

Delegate Report: Theresa, Delegate and Cathy Alternate Delegate

<https://www.nar-anon.org/>

Send to Cathy @ WSO due Dec 31, 2019

\$1950 check written - Chairs signs letter 'Intent to Attend' - Vote of
Confidence (Assembly 2019-Approved by GSR)

Region report - Ruth to complete - might send with above if completed

Guest today on call Mary from WI area

WI interested in possibly joining Midwest region - They have formed an area
with the state's 20 groups - 18 groups have participated over the past 1.5
Years - Meeting 5 times at NA conventions. Voted to look into joining MidWest Region
Need to take information in Feb 2020 to groups

Need service center sponsor

Ruth: Have a current process for groups - not groups

Ask for attention to GSR monthly calls - invite WI to attend

Mary: A lot of mentoring to explain what service - do not want to give up area

RSC needs to meet & discuss about how an area can join MWR

Nov 18, 2019: voted to become an area

Experience fellowship in another group

Old Business

1. Assembly summary
2. Service positions still need to be filled
 - a. Secretary & Vice-Chair
3. Financial summary of assembly and region after the assembly
 - a. Above in Treasures report LINK
4. Mentorship - anything needed other than Rod assigning -
 - Changed Starter Kit
 - IL Woodstock Cathy C & Sedala Kathy S
 - IL Greenville Leanne not sure if they received the old document
 - KS El Dorado elders gentlemen - Rod has spoken to him - very little email -
not registered with WSO -
 - IL Danville Narateen - registered by WSO yesterday
 - IL Chicago registered with WSO NEED TO ADD TO ROSTER - Cathy mentor
 - Ruth will review fact sheet to update to match new Starter Kit - Keep with
old process if they have received - Rod will do rough draft & send
to Ruth to update
 - Rod takes the lead to assign mentors via RSC meeting - keeps spreadsheet
member service section with list of mentors
 - Theresa: ready to work on website if we can start mid-December 11



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Cathy & Rod talk then share with Theresa

New Business

1. RSC Conference call time change to Sunday, later evening - 8:00 PM
All RSC members OK with change to begin in December
2. Update Nar-Anon website with new RSC people
Need to change Cathy to Alt-Delegate - Add
WSO Ruth will change
3. WSC preparation and payment info
Discussed above
4. Service Phone call minutes and anonymity
5. RSC & GSR calls are open calls - considered public - talk with GSR & RSC are our
conversations appropriate - safety of individuals or FHG
GSR asked not to add her name
Rod not add names on minutes - just general notes
Theresa: let GSR we are to some degree a service sponsor - has one sponsor
& 2 service sponsors -
Ruth: mentorship for new groups or new gsr - no one has ever asked for one
- discuss as topic & leave off people in a group - bring up during GSR
Dec 2019 - enter experiences & no names
Minutes: no names on GSR or RSC
Cathy: Mentor & RSC members are available to contact
Specific RSC or general anyone to contact - challenge of recovery to ask for
hope
RSC member assigned to group or
Theresa: sounds controlling - here is your person to talk to
6. Group contact person- project- send email to start?
GSR - Ruth create an email & Cathy send an email asking if they are the
correct person or shall be removed
Rod: excellent idea - in letter if you make a change please let webmaster
know - IN Portland moved over year & half ago & we just found out
Theresa: if we get a response they do not want anything to do with region do
we remove from email
Ruth: Like to know if we are not sending
Doing a check in 2014 done last time
Send email & see response
7. GSR call topics - Discuss with GSRs whether they would prefer knowing in advance -
Currently seems we often do not get to the question of the month
Theresa- Like at the top of new business -
Ruth: Dale tried to keep business section to 20 minutes
Ruth opportunity to share - building relationships - discuss near the top
Rotation of topics - Question of the month
Question of the month on anonymity Tradition 12 for Nov GSR call - RSC
needs to model good behavior
Traditions correlation with relationships within group & life in general



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Open Mike last 15 minutes - Opportunity to connect with other GSRs for conversation but not turn into public sharing that would violate another person's privacy and group anonymity

Discuss on RSC in December- how to bring in an area into MWR

Meeting closed by Chair, Ruth
Adjourned 9:38 CST
Respectfully submitted by Interim Secretary, Cathy