



MIDWEST REGION OF NAR-ANON

January RSC Conference Call Minutes

Sunday, January 5, 2020 – 8 PM Central

Where: Free Conference Call, Dial 1-605-475-4700; Access code: 338671#

(*6 to mute phone; *6 to unmute a muted phone)

Recording #191

Purpose of meeting is to discuss the business of the Midwest Region of Nar-Anon

Chair call to Order 8:00pm CST

Open with the Serenity Prayer led by Rod

Tradition 1 & Concept 1 led by Kevin

Roll Call: Secretary

Chair – Ruth	Treasurer – Kevin	Convention –
Vice Chair –	Delegate – Theresa	Outreach –
Interim Secretary – Cathy	Alt. Delegate – Cathy	Narateen –
Guest - Mary		Webmaster - Rod

Approval of Minutes:

MOTION: Motion to accept the Minutes for December 7, 2019 as written.

Motion to approve: Theresa

Seconded by: Kevin

No discussion - Unanimously approved

Refer to attendees listed above

Final tally: 5 yes – 0 no – 0 abstain

Financial Report: Kevin, Treasurer

<http://www.naranonmidwest.org/member-services/treasurers-reports/>

Donations: IL Christopher - KS Topeka - MO Maryland Heights

Outreach Report: Nela, Outreach Committee Chair

No report

<https://www.nar-anon.org/events> (Midwest website)

<https://www.nar-anon.org/outreach> (World Service website)

Convention Report: OPEN, Convention Committee Chair

Chicago & Kansas City NA Conventions that had Nar-Anon participation

<http://www.naranonmidwest.org/calendar/> (Midwest website)

<https://www.nar-anon.org/events> (World Service website)

Website Report: Rod, Webmaster

No report

New Meetings: None

Closed Meetings: None

Narateen Report: Kathy, Narateen Chair

No report

<http://www.naranonmidwest.org/narateen/>

<https://www.nar-anon.org/narateen>



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Delegate Report: Theresa, Delegate and Cathy Alternate Delegate

No report

<https://www.nar-anon.org/>

Old Business:

1. WSC information
 - a. Completed
 - i. Website
 - ii. Payment
 - iii. Vote of Confidence (Assembly 2019 Minutes)
 - b. Still pending
 - i. Region Report- Sent out with email for today's meeting
 - ii. RSC members to review & assist with completion
 - iii. Needs GSR approval
 - iv. Due March 2, 2020
2. WI Area joining MidWest Region (Mary)
 - a. Feb 1, 2020 meeting @ Miracles NA Convention business vote to decide if area would like to join MWR
 - b. Conflict with MWR Annual Assembly date
 - c. Any GSR monthly meeting interest
 - d. Area meets 3 times a year at NA Conventions
 - i. Business meeting - Basket fundraiser - Speaker Meeting - Outreach
 - e. 20 groups
3. Letter to be sent requesting GSR contact
 - a. Ruth to send out to RSC members
 - b. Review RSC February meeting
4. GSR meeting topics
 - a. Topic decided ahead of time
 - b. Adding information to website
 - i. Where to locate on website, a few discussing
 - ii. 'Sharing Recovery' new header
 1. Would need to add a third line of header
 - c. 'Sharing Recovery'
 - i. Header liner
 - ii. Searchable topics
 - iii. Based from Open Mic or Sharing during GSR meeting
 - iv. What capacity of Search function on website
 1. Title of documents
 2. Include where information originated
 - d. GSR - SESH
 - i. More narrow
 - e. Members Service header - GSR calls
 - i. Discussion happens during this meeting - place info there
 - f. Password protection is done page by page
 - g. Rod - Theresa - Cathy will get together to discuss
5. Service Sponsors
 - a. Something to think about in the future -
 - i. Fellowship Review
 - b. Similar to MWR Mentoring Program
 - i. Might want to change terms: Mentoring to Service Sponsor



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6. Literature for Fellowship Review
 - a. CAR and CAT timeline discussion with GSR
 - b. World Service Conference Regional Report (separate attachment)
 - c. GSR
 - i. Send out to GSR members
 - ii. Meet once a week to review - 30 minutes - send out weekly list
 - iii. Interested members will join call
 - iv. Any member can join call - does not have to be GSR only
 - d. Submitted by committee or region
 - i. Most difficult are region motions
 - e. BOT comments is called Point of Information

New Business:

1. GSR information Website location changes
 - a. Discussed above
2. Topic for January GSR topic
 - a. CAR & CAT
 - i. Significant change
 - b. Topics
 - i. Attraction not Promotion
 - ii. Retaining New Members
 - iii. PSA
 - iv. Keeping meeting healthy
 - v. What do we give newcomers
 - vi. What is a GSR
 - vii. How does Nar-Anon work
 - viii. What do you wish you knew about Nar-Anon. but learned much later
 - c. Attraction not Promotion
 - i. Feel welcomed -lightly
 - ii. What attracted you to come back after first meeting
 - d. Should use 'I' - 'Me', not 'You' - 'We' - 'Group'
 - i. Appropriate sharing

Meeting closed by Chair, Ruth
Adjourned 10:30 CST
Respectfully submitted by Interim Secretary, Cathy