



MIDWEST REGION OF NAR-ANON

MARCH RSC Conference Call Minutes

Sunday, March 1, 2020- 8 PM Central

Where: Free Conference Call, Dial 1-605-475-4700; Access code: 338671#

(*6 to mute phone; *6 to unmute a muted phone)

Recording #195

Purpose of meeting is to discuss the business of the Midwest Region of Nar-Anon

Chair call to Order 8:00pm CST

Open with the Serenity Prayer led by Rod

Tradition & Concept 3 led by Ruth

Roll Call: Secretary

Chair – Ruth	Treasurer –	Convention – Open
Vice Chair – Open	Delegate – Theresa	Outreach - Nela
Interim Secretary –	Alt. Delegate –	Narateen -
Guest - Jenny WI ASRA		Webmaster - Rod

Approval of Minutes:

MOTION: Motion to accept the Minutes from February 2, 2020 as written.

Motion to approve: Rod

Seconded by: Nela

No discussion - Incorrect website listed under Outreach - will be corrected

Unanimously approved

Refer to attendees listed above

Final tally: 4 yes – 0 no – 0 abstain

Outreach Report: Nela, Outreach Committee Chair

Outreach (Midwest website)

Outreach (World Service website)

March 6 - Black Balloon Day: index card & group card tied with balloon

Will forward the next 3 months goals to Rod & share in March GSR meeting

Convention Report: OPEN, Convention Committee Chair

Calendar (Midwest website)

Events — Nar-Anon Family Groups (World Service website)

No Report

Website Report: Rod, Webmaster

New Meetings:

IN Covington - registered with WSO in February but have been meeting since April 2019

IN Indianapolis - no notification about this - contacted WSO - started in January 2020

Mentors for these groups: Nela - IN Covington & IN Indianapolis

Closed Meetings:

KS El Dorado in February 2020

AR VanBuran note from WSO

Narateen Report: Kathy, Narateen Chair

Narateen (Midwest website)



MIDWEST REGION OF NAR-ANON

<https://www.nar-anon.org/narateen> (World Service website)

No Report

Delegate Report: Theresa, Delegate and Cathy Alternate Delegate

[Nar-Anon Family Groups](#) (World Service website)

Flight & hotel arrangements for WSC

Sunday afternoon calls going well

Financial Report: Kevin, Treasurer- Given by Rod

[Financial Records](#) (Midwest website)

Donations keeping up where we were in the past- second tab - same pace as last year

Old Business:

1. Website update
 - a. How to present Open Mic questions - comments
 - b. List each comment every time - Compiled list
 - i. List by date - questions/comments
 1. Not on website maybe for internal recording
 - ii. Condensed
 - iii. Keep it simple
Only list Appropriate - Not appropriate should not list
 - iv. Add additional information
 - c. Present to GSR in April
 - d. Structure has been updated
 - i. Likes changes
 - ii. Great service for newcomers
2. WI timeline
 - a. WI has voted & would like to join MWR
 - b. Report on process from Cyndee D
 - c. A few months with positive participation during those months
 - d. Never have had an entire state/area ask to join MWR
 - e. Begin to invite WI GSR members to GSR calls (those we have)
 - f. WI: Standalone groups within Area (WI) - 12 to 15 meetings in state
3. Crisis line document
4. Updated letter to update group contact list
 - a. Ruth updated with information suggested in Feb RSC call

New Business:

1. GSR call topic
 - a. Motion's information
 - b. Theresa will be attending East Coast Nar-Anon Convention
 - c. Will it take too much time
 - d. Review Tally Sheet
 - i. Remind that do not need to vote on every Motion
 - e. CAT document

Meeting closed by Chair, Ruth
Adjourned 9:08pm CST



MIDWEST REGION OF NAR-ANON



Respectfully submitted by Interim Secretary, Cathy