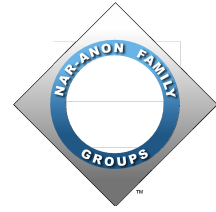




Midwest Region of Nar-Anon Family Groups



Suggestions to Move Back To In Person Meetings

May 2020

Review State guidelines

Review Local guidelines

Contact meeting location for their guidelines

WSO: [Nar-Anon Family Groups](#)

CDC: [Situation Summary](#)

World Health Organization: [World Health Organization: WHO](#)

Guide to Local Services - Group Conscience

[Service Literature](#)

Group Conscience 4-4

Tradition 1 - Our common welfare should come first; personal progress for the greatest number depends on unity.

Tradition 2 - For our group purposes there is but one authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants – they do not govern.

Concept 6 - Group conscience is the spiritual means by which we invite a loving Higher Power to influence our decisions.

A group conscience is the collective viewpoint on matters affecting the group. Group conscience occurs anytime members make a decision in the best interest of a group, area, region, etc., or Nar-Anon as a whole. Arriving at a group

conscience requires informative discussion by its members using the Guides to Local and World Services and adhering to the steps, traditions, and concepts of Nar-Anon in order to reach a decision. As members of a spiritual program, we invite our Higher Power to guide us throughout this process. When we treat each member with respect and learn by listening to one another, we can achieve unity. The group conscience is a spiritual principle in the Nar-Anon program. All members share responsibility for the healthy functioning of the group. The principle of group

Topics to consider:

- 1. Social distancing:**
 - a. Distance while in the meeting**
 - b. Physical contact by hugging**
 - c. Shaking hands**
 - d. Holding hands**
- 2. Masks:**
 - a. Will group supply**
 - b. Required**
 - c. Leave up to each group member**
- 3. Hand sanitizers:**
 - a. Will group supply**
 - b. Require members to use before entering room**
 - c. Leave up to each group member**
- 4. Disinfecting wipes:**
 - a. Will group supply**
 - b. Is there a member who will wipe down room before & after meeting**
- 5. Rules listed on MWR website**
- 6. Written rules displayed on entry door & inside meeting area**
- 7. Handling members when not in compliance with group conscious**
- 8. Group members monitor themselves at home and stay home if they have a cough, fever, headache, or gi symptoms**
- 9. Groups decisions be clearly posted on the door and/or on their group listing on MWR website**
- 10. Sharing of books-pamphlets**
 - a. Clean-sanitize hands before touching**
- 11. Continue phone-video meetings**
 - a. Separate-additional meeting**
 - b. Combo with in person meeting**

**If your group decides to move forward with in-Person meetings
the MWR website will need to be updated to show your correct meeting status please
contact Rod S:**

rodsee1947@gmail.com - 913-568-8016 - fill out the form on our [Contact Us](#) page