



MIDWEST REGION OF NAR-ANON



JUNE GSR 2019 Conference Call Minutes

When: Saturday, June 20, 2020 9A Central

Where: Free Conference Call, Dial 1-605-475-4700; Access code: 338671#

(*6 to mute phone; *6 to unmute a muted phone)

Recording #201

Purpose of meeting is to discuss the business of the Midwest Region of Nar-Anon

Call to Order: Chair, Ruth 9:00 AM CST

Open with the Serenity Prayer led by Nela

Tradition 6 and Concept 6 read by Ruth

Roll Call: RSC Chair Ruth

Meeting Location - RSC Position	GSR	Meeting Location - RSC Position	GSR
IL Vandalia	Leanne (GSR)	IL Schaumburg	Ilene (GSR)
IL Springfield	Marilyn (GSR)	IL Geneva	Barb (GSR)
IL WillowSpring	Don (GSR)	IL Chicago	Cei (GSR) Nancy (Alt GSR)
IL DuQuoin	Maria (GSR)	IL Homewood	Joni (Alt GSR)
WI Madison Tuesday	Peggy (GSR) Bonnie (Guest)	WI Madison Monday	Suzi (GSR)
KS Emporia	Carla (GSR)	KS Topeka Saturday	Gerri (GSR)
KS Topeka Wednesday	Ruth (GSR)	KS Shawnee	Judy (GSR)
KS Leawood	Carly (GSR)	MO Chesterfield	Debbie (GSR)
MO Maryland Heights	Laura (GSR)	MO Kansas City RSC Webmaster	Rod (GSR)
IN Munster	Dana (GSR)	RSC Chair	Ruth *no vote
RSC OutReach Chair	Nela	RSC Delegate	Theresa
IL Woodstock	Jeanine (Guest) *no vote		

Approval of Minutes:

MOTION: Motion to accept the Minutes from May 16, 2020 as written

Motion to approve: Ilene

Seconded by: Marilyn

No discussion - Unanimously approved

Final tally: 20 yes – 0 no – 0 abstain



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Refer to attendees listed above

Financial Report: Rod, reported for Kevin

See Treasurer Report sent via email & posted on MWR website

Financial Records (Midwest website)

Donations: Anonymous

Starter Kits: None

To make donations

Refer to Kevin's information - bottom of Treasurer's Report - Minutes

Make check out to: Midwest Region of Nar-Anon

WSO has sent out an appeal for funds - may want to decide on a donation from Region

In past we normally decide at Annual Assembly

WSC postponed for a year - will have extra funds

Outreach: Nela, Outreach Committee Chair

Outreach (Midwest website)

Outreach (World Service website)

Nela's quote- First to respond to her will receive a gift

Conventions: OPEN, Convention Committee Chair

Events/Assembly (Midwest website)

Events — Nar-Anon Family Groups (World Service website)

No report

Website Report: Rod, Webmaster

New Meetings: IN West Baden Springs - Nela will be mentor

Closed Meetings: IN Plymouth - People not attending

Website improvements- Widget section with quotes

Anchor links on Open Mic page & How to Start a New Meeting

Wednesday morning Men's meeting

Rod has joined

Creating a website

Do not belong to a Region - Can they be attached to MWR hosting contract

No cost to us

MOTION: Motion to attach Wednesday Morning Men's Meeting Website to MWR Hosting Platform contract

Motion to approve: Judy

Seconded by: Ruth

Discussion - Men's & MWR hosting is it a completely separate website

Listed on MWR site - Events/Assembly Page

There is average of 15 men attend - All over US & one from South Africa

Final tally: 20 yes – 0 no – 0 abstain

Contact Rod is re-opening meeting

Guidelines - discussed later in meeting



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Delegate Report: Theresa, Delegate and Cathy, Alternate Delegate

[Nar-Anon Family Groups](#) (World Service website)

Spirituality Book- Beginning to be written

Marion from Rocky Mountain Region/Literature Committee

Accepting original writings

Relationship with your God - Spiritual awakening - Relationship with Higher Power

Send to: chairnaranonrm@gmail.com

Inclose copyright release form & writings

Saturday Speaker Meeting on Saturday evenings 8-9 cst

Zoom ID# 395-160-780 - No password

Fabulous meeting

Speaker last week was Jim P from Pennsylvania

Step 11 bracelet from beads

Information on Agenda

Narateen Report: Kathy, Narateen Chair

[Narateen](#) (Midwest website)

<https://www.nar-anon.org/narateen> (World Service website)

No report

Old Business (For your review, we will not discuss unless someone has questions)

1. Meetings opening
 - a. Keep Rod posted on virtual & In-person changes
 - b. 'MWR Nar-Anon Moving Back To In Person Meetings'
 - i. Attached to today's meeting information
 - ii. <https://www.naranonmidwest.org/meetings/>
 - c. Comments from GSR
 - i. Fear or liability of spread of Covid
 1. Nar-Anon has a liability policy
 2. Congress attempting to pass that stores are not liable - maybe connected
 3. Waiver to join a meeting?
 - ii. Church might cover group since meeting there
 - iii. Scheduled a meeting & then was canceled by facility at last minute- moved to outside - Lost people who do not use phone or Zoom meetings
 1. Unable to meet everyone's needs - not working program
 - iv. Meet at a forest preserve - everyone brought their own chair - masks
 1. Others need to be involved to organize - shorter meeting
 - v. How is decision made about in person meeting
 1. Group conscious



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2. Assembly update
 - a. [Events/Assembly](#)
 - b. GSR ask Home Groups how they feel about an in person assembly
 - c. Theme: New Beginnings

New Business

1. Virtual workshops & meetings
 - a. 'Nar-Anon Central Region 2nd Annual 12 Step'
 - b. Rocky Mountain Region - Co Denver
 - i. Sat Night Speaker Meeting
 - ii. 8-9pm central time
 - iii. Phone: (720)-707-2699 & Zoom ID# 395-160-780
 - iv. No password, but if you can't get in, password is serenity
2. Nar-Anon literature
 - a. Higher Power
 - i. Spiritual Journeys, Spiritual Awakenings, Higher Power, God: the search, the struggle, the finding, your will, prayer, meditation, daily contact, etc
 - ii. Write your story, your thoughts, your prayer routine, a prayer you have written, your experience with finding a HP or getting reunited with God, your struggle, your fears, etc
 - iii. Send your writings to Marian M with a signed copyright release form to chairnaranonrm@gmail.com
 1. Send copyright release form - included in email / WSO sight
 - b. NFG June 2020 Serenity Connection
 - i. Document included in email
3. Topic One Day at a time - Theresa
 - a. Document included in email
4. Second GSR phone meeting falls on 4th of July weekend - no meeting

Meeting closed by Chair, Ruth
Adjourned 10:02 CST
Respectfully submitted by Secretary, Cathy

GSRs are **invited** and **encouraged** to eMail any RSC members with discussion topic recommendations for next month's agenda prior to the first Saturday of the month.

Donations to the Region should be made payable to "Midwest Region of Nar-Anon" and forwarded to:
(Please do NOT write "Nar-Anon" on the envelope)

Kevin Adkins
9760 Grandview Dr
St Louis, MO 63132

www.naranonmidwest.org

(The password for the Member Service section on the Midwest Website: nmw13)