



## MIDWEST REGION OF NAR-ANON

### June RSC Conference Call Minutes

Sunday, June 7, 2020 7:30 PM Central

Where: Free Conference Call, Dial 1-605-475-4700; Access code: 338671#

(\*6 to mute phone; \*6 to unmute a muted phone)

Recording # 200

Purpose of meeting is to discuss the business of the Midwest Region of Nar-Anon

#### Chair call to Order 8:00pm CST

Open with the Serenity Prayer led by Theresa

Sixth Tradition & Concept led by Ruth

#### Roll Call: Secretary

Chair – Ruth	Treasurer – Kevin	Convention –
Vice Chair –	Delegate – Theresa	Outreach - Nela
Interim Secretary – Cathy	Alt. Delegate – Cathy	Narateen -
ASR - Mary		Webmaster - Rod

#### Approval of Minutes:

**MOTION:** Motion to accept the Minutes from May 3, 2020 as written.

Motion to approve: Kevin

Seconded by: Rod

No discussion - Unanimously approved

*Refer to attendees listed above*

Final tally: 8 yes – 0 no – 0 abstain

\*NOTING CORRECTION\* New Business #2 WI MWR

Mary correcting on June 7 when she reviewed

Remove MN Duluth not in WI

Mary had left May meeting when this was discussed

Leave as May minutes as written - states what was discussed

Noting correction here

#### Financial Report: Kevin, Treasurer

<http://www.naranonmidwest.org/member-services/treasurers-reports/>

Donations: Anonymous \$100

#### Outreach Report: Nela, Outreach Committee Chair

[Outreach](#) (Midwest website)

<https://www.nar-anon.org/outreach> (World Service website)

Last 2 Quarterly World Outreach meetings

Discussion on social media

Personal posting about addiction

Group split some do not believe anyone involved in Nar-Anon should post anything about addiction

Theresa: Advocacy for addiction recovery is important - Empower recovery

Nela has a private support group

Social media guidelines out for Fellowship review - considered service literature



## MIDWEST REGION OF NAR-ANON

**Convention Report:** OPEN, Convention Committee Chair

<http://www.naranonmidwest.org/calendar/> (Midwest website)

<https://www.nar-anon.org/events> (World Service website)

**Website Report:** Rod, Webmaster

New Meetings: None

Closed Meetings: None

6 groups that will begin face to face meetings

Noting in Green

Workshop recording on website

Looked at Rocky Mountain & Southern California - nothing on websites

Theresa gave permission - so her share is posted on MWR website

Request a recording & it will be sent

Cathy to contact FV - did she receive permission to send out to her group - report back to RSC

Website committee:

New Comers handouts

Formats - Schaumburg says The Lord's Prayer - do we want to post on website

Theresa - Guidelines for healthy meetings - should not be saying Lord's Prayer

GLS/GWS & in Traditions is a RULE

GLS/GWS & NOT in Traditions is a GUIDELINE

Traditions that speak to spirituality - 6 & 10- loosely

Appears it comes down to Group Conscious - no tradition that specifically prohibits

Healthy meetings- use Nar-Anon literature within meetings

Pre-emblem- Our program is not a religious one - spiritual way of life

Used before or after meeting

Kevin- Left up to group conscious - could make individuals uncomfortable

Mary- Not all are comfortable

Ruth- Schaumburg has had a Group Conscious in the past - Spiritual but not

anti-religious - Stick what is Guide to Local Service - What kind of

literature with newcomers are in Recovery How Tos

Formats types-share portion of meeting: Great topic for GSR call - What would groups ideally like to have

Link to Guide Local Service

**Narateen Report:** Kathy, Narateen Chair

<http://www.naranonmidwest.org/narateen/>

<https://www.nar-anon.org/narateen>

No meetings currently occurring

**Delegate Report:** Theresa, Delegate and Cathy Alternate Delegate

<https://www.nar-anon.org/>

Theresa has been attending various Zoom meetings - building relationships for WSC

Rocky Mountain Speaker Meeting @ Saturdays -

Phone: (720)-707-2699 & Zoom ID# 395-160-780

New Book need writing: All about spiritual principles - god- journey -higher power

Marian M with a signed copyright release form to [chairnaranonrm@gmail.com](mailto:chairnaranonrm@gmail.com)

Place on GSR agenda - naranon release form

Add information from Theresa email

Motions to Theresa - closing



## MIDWEST REGION OF NAR-ANON



### **ARS Report:** Mary, WI Representative

Meeting yesterday 3 meetings per year

Zoom - Mary will put together the minutes

Approve minutes next time they meet in Oct

- new treasurer

- voted to send region a donations

- WNAC - meeting in Oct

- GSR calls - at least one person through October

### **Old Business:**

1. WSC
  - a. Sent in Regions desire to have next WSC in 2021
  - b. Has not heard anything
2. Contacting the region groups
  - a. Ruth sent out in Feb
  - b. No one has responded
  - c. Rewrite the letter & send & not to WI
3. Narateen update - above
4. GSR June call plans - One Day at a Time
  - a. Theresa topic
5. Open Mic
  - a. If no one brings anything up - Meeting topic choices

### **New Business:**

1. Meeting re-opening document suggestions
  - a. Send document June GSR
  - b. Add to website
2. Pandemic info link on website
  - a. Information already listed within other areas
3. Region motions for 2021

Meeting closed by Chair, Ruth

Adjourned 9:13 CST

Respectfully submitted by Interim Secretary, Cathy