**August GSR 2020 Conference Call Minutes**

**When: Saturday, August 15, 2020 9:00 am CST**

**Where: Zoom**

**Recording:** [**https://youtu.be/2UuaYwL\_bRE**](https://youtu.be/2UuaYwL_bRE)

**Purpose of meeting is to discuss the business of the Midwest Region of Nar-Anon**

**Call to Order:**  Chair, Ruth 9:05 am CST

Open with the Serenity Prayer led by Kevin

Tradition 8 and Concept 8 read by Mary

**Roll Call:** Interim Secretary, Caitlin

|  |  |  |  |
| --- | --- | --- | --- |
| **Meeting Location -** **RSC Position** | **GSR** | **Meeting Location -** **RSC Position** | **GSR** |
| IL Schaumberg | Ilene | MO Kansas City | **Rod**,RSC Webmaster |
| IL Vandalia | Leanne | MO Maryland Heights | Laura |
| IL Homewood | Joni (Alt GSR) | MO Chesterfield | Debbie |
| IL Chicago | Nancy (Alt GSR) | MO Platte Woods | Rosemary |
| IL Woodstock | Sherry | WI Wis. Rapids | **Mary**, WI ASR |
| IL Christopher | **Nela** (Alt GSR), RSC Outreach Chair\* | WI Madison Tuesday | Bonnie (Alt GSR) |
| IL Villa Park | Christina | WI Rhinelander | **Jenny**, WI ASRA |
| IN Munster | Dana | **RSC** | **Ruth**, Chair |
| KS Shawnee | Judy | **RSC** | **Caitlin**, Interim Secretary |
| KS Topeka Saturday | Gerri | **RSC** | **Kevin**, Treasurer |
| KS Emporia | Carla | **RSC** | **Theresa**, Delegate |
| KS Topeka Wednesday | Ruth R. | **RSC** | **Cathy**, Alt Delegate |

**Bold** indicates RSC member

\*indicates late to call, did not vote on minutes

**Approval of Minutes:**

 ***MOTION***: Motion to accept the Minutes from July 18, 2020 as written

Motion to approve: Rod

Seconded by: Rosemary

No discussion - Unanimously approved

Final tally: 18 yes – 0 no – 0 abstain

*Refer to attendees listed above*

**Financial Report:** Kevin, Interim-Treasurer

 *See Treasurer Report sent via email & posted on MWR website*

[***Financial Records***](http://www.naranonmidwest.org/member-services/treasurers-reports/)(Midwest website)

Donations: Chesterfield, MO; WI area; New Melle, MO; Christopher, IL

 Expenses: $900 sent to WSO

**Outreach:** Nela, Outreach Committee Chair [absent during reporting]

 [***Outreach***](http://www.naranonmidwest.org/sharing-recovery/outreach-monthly-challenges/) (Midwest website)

 [***Outreach***](https://www.nar-anon.org/outreach) (World Service website)

 -NO REPORT-

**Conventions:** OPEN, Convention Committee Chair

 [***Events/Assembly***](http://www.naranonmidwest.org/calendar/midwest-regions-annual-assembly/)(Midwest website)

 [***Events — Nar-Anon Family Groups***](https://www.nar-anon.org/events)(World Service website)

 -NO REPORT-

**Website Report:** Rod, Webmaster

 New Meetings: none

 Closed Meetings: Sikeston, MO

 “Nar-Anon Offers Hope” page content reduced to comply with Nar-Anon guidelines

 A few changes made to website to distinguish CAL from SESH

 Assembly info to be added

**Narateen Report:** Kathy, Narateen Chair [absent]

 [***Narateen***](http://www.naranonmidwest.org/narateen/)(Midwest website)

 [***https://www.nar-anon.org/narateen***](https://www.nar-anon.org/narateen) (World Service website)

 -NO REPORT-

**Delegate Report:** Theresa, Delegate and Cathy, Alternate Delegate

 [***Nar-Anon Family Groups***](https://www.nar-anon.org/)(World Service website)

 WSO website looking for feedback on unpublished literature content

 “Literature Review” tab

**WI ASR Report:** Mary, Area Region Representative

 WI area business meeting 8/22 at 2:30 pm CST

**Old Business (For your review, we will not discuss unless someone has questions):**

1. Meetings Opening

Vandalia, IL

 Combining in-person and Zoom by bringing laptop to meetings on site

Schaumberg, IL

 Beginning parking lot meetings

1. Assembly/Zoom Discussion + Group Conscience Education/Demonstration

Group Conscience

Helps create unity; achieve consensus (Tradition 1)

Tap into Higher Power; mutual respect and equal voice (Tradition 2)

Mindful of what is good for the group as a whole (Concept 6)

 Assembly Discussion

 Nela’s group will host next year

 Assembly will be Saturday Oct. 17

 Required business (will take whole morning):

 Elect officers to fill slate as able

 Renew vote of confidence for Delegate and Alt. Delegate

 Approve annual budget

 Time for GSRs to discuss issues/ideas/questions

 Voting done by GSRs

 Alt or substitute can represent group

 Quorum is 51% of GSRs

 Minutes recorded; formal votes taken/counted/recorded

 Nar-Anon members welcome to attend

 ***MWR******Assembly Content Group Conscience*** led by Theresa

 Option 1: Business Meeting only

 a. More distractions when not in person, harder to stay focused

 b. ---

 c. ---

 Option 2: Business Meeting + Family Group Meeting

 a. Family Group Meeting is most valuable part, preserve intimacy

b. “Just for today...I can do something for twelve hours that would appall me if I felt that I had to keep it up for a lifetime.”

 c. Other pieces may not be attended to extent that makes it worth the effort

 Option 3: Business Meeting + Family Group Meeting + Other components

 a. Would not be that hard to keep as normal as possible

 b. Valuable for groups (esp. in WI) to have access to as much as possible

 c. More people have access, possibility of spreading content out over two days?

 Vote: 1 #1 - 12 #2 - 10 #3

**Closing Comments:**

September GSR meeting will be via Zoom again

 If additional training is needed, reach out to Kevin A. or Rod S.

Keep Dale (former MWR RSC chair) in thoughts and prayers (health issues)

Meeting closed by Chair, Ruth

Adjourned 10:13 am CST

Respectfully submitted by Interim Secretary, Caitlin

GSRs are ***invited*** and ***encouraged*** to eMail any RSC members with discussion topic recommendations

for next month’s agenda prior to the first Saturday of the month.

Donations to the Region should be made payable to “Midwest Region of Nar-Anon” and forwarded to:

(Please do NOT write “Nar-Anon” on the envelope)

Kevin Adkins

9760 Grandview Dr

St Louis, MO 63132

[www.naranonmidwest.org](http://www.naranonmidwest.org)

(The password for the Member Service section on the Midwest Website: nmw13)