**May GSR 2021 Conference Call Minutes**

**When: Saturday, May 15, 2021 9:00 am CST**

**Where: Zoom**

**Purpose of meeting is to discuss the business of the Midwest Region of Nar-Anon**

**Call to Order:**  Chair, Ruth 9:02 am CST

Open with the Serenity Prayer led by Rosemary

Tradition 5 and Concept 5 read by Ruth

**Roll Call:** Secretary, Caitlin

| **Meeting Location -**  **RSC Position** | **GSR** | **Meeting Location -**  **RSC Position** | **GSR** |
| --- | --- | --- | --- |
| IL Schaumburg | Ilene | KS Topeka Saturday | Gerri |
| IL Naperville | Kim | KS Leawood | Carly |
| IL Homewood | Natalie (Alt. GSR) | WI La Crosse Saturday | Rose |
| IL Elmhurst | Christina | WI La Crosse Sunday | Anne |
| IL Vandalia | Leanne | WI Wis. Rapids | **Mary**, Vice Chair; WI ASR |
| IN Munster | Dana | WI Madison Tuesday | Suzi |
| MO Platte Woods | Rosemary |  |  |
| MO Kansas City | **Rod**, Webamster | **RSC** | **Ruth,** Chair |
| MO Kansas City | Luciana (Alt GSR) | **RSC** | **Caitlin,** Secretary |
| MO Chesterfield | Debbie | **RSC** | **Cathy,** Alt. Delegate |
| MO Maryland Heights | Laura | **RSC** | **Kevin A**, Treasurer |

**Bold** indicates RSC member

\*indicates left call, did not vote on WSC motion

**Home Group Reports:**

Saturday La Crosse WI, Rose

New!; followed beginning group format for first 6 weeks; meet in Alano club; have received a lot of support and feel very welcome; able to bring recovering person’s perspective to group

Next month: Willow Springs IL (Don)?

**Open Mic:** Mask-wearing in light of latest CDC report

Could post sign on door stating “If you have been vaccinated, a mask is not required”

Check with facility and follow their direction

Per HIPPA, cannot ask people if they have been vaccinated

**Discussion Topic:** Returning to hybrid/in-person

A couple good speaker/microphone options for hybrid meetings:

[Anker PowerConf Bluetooth Speaker](https://www.amazon.com/Anker-Speakerphone-Microphones-Conference-Compatible/dp/B07ZNT7PRL)

[XIIVIO USB Omnidirectional Microphone](https://www.amazon.com/Conference-Microphone-XIIVIO-Omnidirectional-Microphones/dp/B0823N6XL5)

**OLD BUSINESS**

**Approval of Minutes:**

*See GSR Minutes sent via email & posted on MWR website*

***MOTION***: Motion to accept the minutes from April 17, 2021 as written

Motion to approve: Rod

Seconded by: Rosemary

No discussion; Motion approved

Final tally: 20 yes – 0 no – 0 abstain

*Refer to attendees listed above*

**Financial Report:** Kevin, Treasurer

*See Treasurer Report sent via email & posted on MWR website*

Donations: none; [WSO refund received]

Expenses: Alt. Delegate WSC airfare/lodging; La Crosse Saturday starter kit mailed

**Website Report:** Rod, Webmaster

Notify Rod of meeting status changes

Check for virtual events on Events/Assembly page

**Outreach Report:** Nela, Outreach Committee Chair [absent]

No report

**Delegate Report:** Cathy, MWR Alt. Delegate

WSC

Cathy and Theresa not together as planned, but went well nevertheless

Compiling voting docs which will be sent out

Joined WhatsApp group - has good event info

2021 MWR Assembly

Looks like it will be virtual

Debbie can help organize this

Committee to help?

Open RSC Positions

Alternate Delegate

Webmaster and/or Committee

Chair/Vice Chair

**New Business:** [Discuss in June]

Group Finances/7th Tradition

Proposed addition to *Inappropriate and Disruptive Behavior* literature

**Closing Comments:** WSC motion to name “Third Step Prayer” passed:

*Higher Power, guide me on my journey to peace and serenity.*

*Help me let go of self-will and turn my life over to your care.*

**Adjournment:** Prayer for the Growth of Our Fellowship, Ruth

Meeting closed by Chair, Ruth

Adjourned 10:08 am CST

Respectfully submitted by Secretary, Caitlin

GSRs are ***invited*** and ***encouraged*** to email any RSC members with discussion topic recommendations

for next month’s agenda prior to the first Saturday of the month.

Donations to the Region should be made payable to “Midwest Region of Nar-Anon” and forwarded to:

(Please do NOT write “Nar-Anon” on the envelope)

Kevin Adkins

9760 Grandview Dr

St Louis, MO 63132

[www.naranonmidwest.org](http://www.naranonmidwest.org)

(The password for the Member Service section on the Midwest Website: nmw13)