"ALL IS WELL" VIRTUAL FINDING YOUR FELLOWSHIP Agenda 7:00 p.m. – 8:30 p.m. CST

Friday, October 15

Time	Session
7:00 p.m. – 7:10 p.m.	Casual networking till everyone is logged in
7:10 p.m. – 7:30 p.m.	1 st Things 1 st (Zoom Introduction)
7:30 p.m. – 8:00 p.m.	Focusing on Friendship/Fellowship (breakout groups) Fondest childhood memory or scariest thing you encountered or things that brought you joy or favorite music (get to know individuals)
8:00 p.m. – 8:30 p.m.	Fulfilling Recovery Goals (scavenger hunt)
	Finding Your Fellowship Call in Information 7:00 p.m. CST Join Zoom Meeting (please add to your calendar) https://us02web.zoom.us/j/87356160544?pwd=bXUwaEJVYnBPVjhqRmFvMGxMZUV0UT09 Meeting ID: 873 5616 0544 Passcode: 809684 One tap mobile +19292056099,,87356160544#,,,,*809684# US (New York) +13017158592,,87356160544#,,,,*809684# US (Washington DC)

"ALL IS WELL" VIRTUAL MWR 2021 ANNUAL ASSEMBLY Business Meeting 8:00 a.m. – 12:00 p.m. CST Session Agenda 1:00 p.m. – 9:00 p.m. CST

Saturday, October 16

8:00 a.m. – Noon	Business Meeting
	Join Zoom Meeting Call in Information https://us02web.zoom.us/j/82614909632?pwd=Q1ZUUHdJUUhtdHdOdVNaWjFIWHZrQT09
	Meeting ID: 826 1490 9632 Passcode: 302292 One tap mobile +13126266799,,82614909632#,,,,*302292# US (Chicago) +19292056099,,82614909632#,,,,*302292# US (New York)
Noon – 1:00 p.m.	Lunch break and/or open networking
1:00 p.m. – 2:00 p.m.	Session 1 – Awareness/Acceptance
2:00 p.m. – 3:00 p.m.	Session 2 – The Present Moment/Mindfulness
3:00 p.m. – 4:00 p.m.	Session 3 – Recovery Toolbox
4:00 p.m. – 5:00 p.m.	Session 4 – Gratitude/Hope
5:00 p.m. – 7:00 p.m.	Dinner break and/or open networking
7:00 p.m. – 9:00 p.m.	Regional Family Group Meeting (open to all)
	Join Zoom Meeting Call in Information https://us02web.zoom.us/j/82614909632?pwd=Q1ZUUHdJUUhtdHdOdVNaWjFIWHZrQT09
	Meeting ID: 826 1490 9632 Passcode: 302292 One tap mobile +13126266799,,82614909632#,,,,*302292# US (Chicago)
	+19292056099,,82614909632#,,,,*302292# US (New York)