

MIDWEST REGION OF NAR-ANON



August GSR 2021 Conference Call Minutes

When: Saturday, August 21, 2021 9:00 am CST Where: Zoom Purpose of meeting is to discuss the business of the Midwest Region of Nar-Anon

Call to Order: Chair, Ruth 9:01 am CST

Open with the Serenity Prayer led by Theresa Tradition 8 and Concept 8 read by Caitlin

Roll	Call:	Secretary,	Caitlin	1

Meeting Location - RSC Position	GSR	Meeting Location - RSC Position	GSR
IL Schaumburg	Ilene	MO Platte Woods	Rosemary
IL Vandalia	Leanne	WI Wisc. Rapids	Mary, Vice Chair
IL Elmhurst	Christina	WI Madison Tuesday	Bonie
IL Chicago	Cie	WI Madison Monday	Peggy
IL Woodstock	Jane (Member)		
KS Emporia	Carla	RSC	Theresa, Delegate
KS Derby	Serena (Guest)	RSC	Kevin A, Treasurer
KS Topeka Saturday	Gerri	RSC	Ruth, Chair
MO Kansas City	Rod, Webamster	RSC	Caitlin, Secretary
MO Kansas City	Luciana (Alt. GSR)	RSC	Cathy, Alt. Delegate

Bold indicates RSC member

*indicates left call, did not vote on minutes

Home Group Reports:

Woodstock IL, Jane

Started February 2019 by members wanting a closer meeting; meets in hospital meeting room, NA group meets at same time in nearby room; usually 2-8 people, attendance has dropped off with Covid, looking for outreach/growth ideas

Wisconsin Rapids/Area, Mary

Started 2017; membership was up to 8 within a year; opened Wisc. Rapids group up to region during Covid, then registered with WSC, significant growth since then Next month: No volunteers

Open Mic: (See Discussion Topic)

Discussion Topic: Why service?

Good for self

Encourages study/deepening of own recovery; fellowship with others in service Good for others

Keep the message going; giving back

Idea for September: How to choose meeting topics/content



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OLD BUSINESS

Approval of Minutes:

See GSR Minutes sent via email & posted on MWR website **MOTION**: Motion to accept the minutes from July 17, 2021 as written Motion to approve: Mary Seconded by: Leanne No discussion; Motion approved Final tally: 11 yes – 0 no – 0 abstain Refer to attendees listed above

Financial Report: Kevin, Treasurer

See Treasurer Report sent via email & posted on MWR website Donations: Woodstock, IL; Topeka, KS Expenses: none

Website Report: Rod, Webmaster

Continuing to verify meetings on website and roster Check your groups Notify Rod of changes

Outreach Report: Ruth

Check out 11/22 in SESH September is Recovery Month Color(s): Teal (red, purple) Do something as a group to renew outreach efforts (e.g., balloons with posters)

Delegate Report: Theresa, Delegate

WSC outcomes

Non-Nar-Anon quotes to be removed from literature at next re-write Third Step Prayer named and to be added to literature "...they will do so" changed to "...they are likely to do so" Detachment defined as emotional disengagement Literature submissions welcome Dual membership motion did not pass, but could a couple cycles from now

NEW BUSINESS

2021 MWR Assembly

Election

MOTION: Motion to make terms for Delegate and Alt. Delegate two years, effective this

election

Motion to approve: Rosemary Seconded by: Ilene No discussion: Motion approved Final tally: 11 yes - 0 no - 0 abstain *Refer to attendees listed above*



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Open positions: Vice Chair, Treasurer, committee members Let RSC know if you are interested in standing for position GSRs approve proposed agenda

Adjournment: Prayer for the Growth of Our Fellowship, Ruth

Meeting closed by Chair, Ruth Adjourned 10:05 am CST Respectfully submitted by Secretary, Caitlin

GSRs are *invited* and *encouraged* to email any RSC members with discussion topic recommendations for next month's agenda prior to the first Saturday of the month.

Donations to the Region should be made payable to "Midwest Region of Nar-Anon" and forwarded to: (Please do NOT write "Nar-Anon" on the envelope) Kevin Adkins 9760 Grandview Dr St Louis, MO 63132

<u>www.naranonmidwest.org</u> (The password for the Member Service section on the Midwest Website: nmw13)