





December GSR 2021 Conference Call Minutes

When: Saturday, December 18, 2021 9:00 am CST
Where: Zoom
Purpose of meeting is to discuss the business of the Midwest Region of Nar-Anon

Call to Order: Chair, Kevin 9:00 am CST

Meeting Location - RSC Position	GSR	Meeting Location - RSC Position	GSR
IL Schaumburg	Ilene	WI Madison Monday	Brooksy
IL Vandalia	Leanne , Outreach Chair	WI LaCrosse	Rose
IL Chicago	Andrea	WI Madison Tuesday	Bonnie
IN Munster	Dana	Virtual	Rod, Webmaster
MO Platte Woods	Rosemary	RSC	Kevin, Chair, Treasurer
MO Chesterfield	Debbie	RSC	Mary, Alt. Delegate
KS Leawood	Carly	RSC	Cathy, Delegate
KS Topeka Saturday	Gerri	RSC	Judy, Vice Chair

Bold indicates RSC member

Platte Woods, MO is now virtual and will fall under the KCMO meeting

Open Mic:

- "Our Traditions" booklet available on WSO website for \$5
- How to make hybrid meetings as effective as possible
 - Good equipment is crucial (external speaker, external mic, external camera with pan and zoom)
 - Arrive early to set up and test equipment

Approval of Minutes:

See GSR Minutes sent via email & posted on MWR website

MOTION: Motion to accept the minutes from November 20, 2021 as written

Motion to approve: Mary Seconded by: Leanne

No discussion; Motion approved

Final tally: 12 yes – 0 no – 0 abstain *Refer to attendees listed above*

Financial Report: Kevin, Treasurer

See Treasurer Report sent via email & posted on MWR website

Donations: Platte Woods, MO

Expenses: none

^{*}indicates left call, did not vote on minutes





MIDWEST REGION OF NAR-ANON

Website Report: Rod, Webmaster & Rose, Committee member

Continue to notify and remind Rod and/or Rose of meeting changes

"Contact Us" page changes coming

Still looking at moving minutes, treasurer reports, etc. from website to Google Drive

Committee meeting mid-January – contact Rod if you'd like to join

Outreach Report: Leanne, Outreach Committee Chair

Info about how to do a radio PSA on WSO website

Christmas meeting at 10:00 am CST (on WSO Meetings & Events page)

Delegate Report: Cathy, Delegate & Mary, Alt. Delegate

[See Old Business regarding tradition study]

WI Area: Mary

Event in February - more info coming soon

OLD BUSINESS

Traditions Discussion

Agreement to make part of GSR meeting

Discussion questions will be sent out ahead of time

MWR Zoom Account

Helps with centralizing information

Follows 7th Tradition

MOTION: Motion for RSC to set up a regional Zoom account for the MWR

Motion to approve: Judy

No discussion; Motion approved

Final tally: 12 yes – 0 no – 0 abstain *Refer to attendees listed above*

NEW BUSINESS

New Year, New You Narathon

24 hours of internationally-led meetings

MWR hosting 12/31 10-11 p.m. CST on the topic of Gratitude

Chicago Convention

https://www.crcofna.org/covention-info

1/22/22 - table assistance, meeting co-hosting

Cathy C (714-420-3755), Ruth M (630-864-7221)

Adjournment: Prayer for the Growth of Our Fellowship, Mary

MOTION: Motion to close meeting

Motion to approve: Leanne

Seconded by: Rosemary

No discussion; Motion approved

Final tally: 12 yes – 0 no – 0 abstain *Refer to attendees listed above*







Meeting closed by Chair, Kevin Adjourned 10:05 am CST Respectfully submitted by Secretary, Caitlin

GSRs are *invited* and *encouraged* to email any RSC members with discussion topic recommendations for next month's agenda prior to the first Saturday of the month.

www.naranonmidwest.org

(The password for the Member Service section on the Midwest Website: nmw13)