



## MIDWEST REGION OF NAR-ANON



### January GSR 2022 Conference Call Minutes

When: Saturday, January 15, 2022 9:00 am CST

Where: Zoom

Purpose of meeting is to discuss the business of the Midwest Region of Nar-Anon

**Call to Order:** Chair, Kevin 9:03 am CST  
Serenity Prayer led by Joni  
Tradition 1 and Concept 1: Mary

**Roll Call:** Secretary, Caitlin

| Meeting Location -<br>RSC Position | GSR                            | Meeting Location -<br>RSC Position | GSR                             |
|------------------------------------|--------------------------------|------------------------------------|---------------------------------|
| IL Schaumburg                      | Ilene                          | WI Madison Monday                  | Brooksy                         |
| IL Vandalia                        | <b>Leanne</b> , Outreach Chair | WI LaCrosse                        | Rose                            |
| IL Chicago                         | Cie (Alt. GSR)                 | WI Madison Tuesday                 | Suzi (Alt. GSR)                 |
| IL Chicago                         | Andrea                         | WI Madison Tuesday                 | Bonnie                          |
| IL Homewood                        | Joni                           | IN Indianapolis                    | Susy                            |
| IL Elmhurst                        | Polly                          | Virtual                            | <b>Rod</b> , Webmaster          |
| MO Maryland Heights                | Laura                          |                                    |                                 |
| MO Platte Woods                    | Rosemary                       |                                    |                                 |
| MO Chesterfield                    | Debbie                         | <b>RSC</b>                         | <b>Mary</b> , Alt. Delegate     |
| KS Emporia                         | Carla                          | <b>RSC</b>                         | <b>Peggy</b> , WI ASR           |
| KS Leawood                         | Carly                          | <b>RSC</b>                         | <b>Cathy</b> , Delegate         |
| KS Topeka Saturday                 | Gerri                          | <b>RSC</b>                         | <b>Judy</b> , Vice Chair        |
| KS McPherson                       | Denise                         | <b>RSC</b>                         | <b>Caitlin</b> , Secretary      |
| KS Topeka Wednesday                | Ruthie                         | <b>RSC</b>                         | <b>Kevin</b> , Chair, Treasurer |

**Bold** indicates RSC member

\*indicates left call, did not vote on minutes

#### Tradition 1 Discussion:

- Home Group
  - Be mindful of others/observe body language; seasoned members may pass; offer to stay after meeting to talk more; model share for newcomer
- Family
  - Find a mutually good time to talk; listen without assumptions; bring issues into light together; family counseling
- Service
  - Be attentive to others' strengths; be decisive/offer specific opportunities

#### Open Mic:

- Welcome, Denise (McPherson, KS)!



## MIDWEST REGION OF NAR-ANON



- Rose looking for guest speaker for her group (preferably with experience dealing with a loved one's meth addiction)

### Approval of Minutes:

*See GSR Minutes sent via email & posted on MWR website*

**MOTION:** Motion to accept the minutes from December 18, 2021 as written

Motion to approve: Rod

Seconded by: Rosemary

No discussion; Motion approved

Final tally: 18 yes – 0 no – 0 abstain

*Refer to attendees listed above*

### Financial Report: Kevin, Treasurer

*See Treasurer Report sent via email & posted on MWR website*

Donations: Leawood KS, Woodstock IL, Indianapolis IN

Expenses: none

LET'S GET A TREASURER!

### Website Report: Rod, Webmaster & Rose, Assistant Webmaster

Web Committee topics discussed in January

Making changes to Contact Us page

Change Meetings page layout

Use Google Docs for storage

Continuing meeting verifications

Contact Rose if you have updates about your group meeting details

### Outreach Report: Leanne, Outreach Committee Chair

WSO Outreach roundtable 1/30 11:00-12:00 CST

Contact Leanne if you want to attend

### Delegate Report: Cathy, Delegate & Mary, Alt. Delegate

Chicago NA convention 1/22

Contact Cathy if you want to attend

### WI Area: Peggy

Miracles NA convention in Wausau 2/4-2/5

### OLD BUSINESS

MWR Zoom account

Up and running, working out a few bugs

To be used for RSC meetings, GSR meetings, Committee meetings, Speaker meetings

### NEW BUSINESS

Order/format of GSR meeting with addition of Traditions discussion

Think about it; to be discussed in February

Excess regional funds

Think about what to do with it; to be discussed in February



## MIDWEST REGION OF NAR-ANON



**Adjournment:** Prayer for the Growth of Our Fellowship, Kevin

**MOTION:** Motion to close meeting

Motion to approve: Kevin

No discussion; Motion approved

Final tally: 18 yes – 0 no – 0 abstain

*Refer to attendees listed above*

Meeting closed by Chair, Kevin

Adjourned 10:02 am CST

Respectfully submitted by Secretary, Caitlin

GSRs are ***invited*** and ***encouraged*** to email any RSC members with discussion topic recommendations for next month's agenda prior to the first Saturday of the month.

Donations to the Region should be made payable to "Midwest Region of Nar-Anon" and forwarded to:  
(Please do NOT write "Nar-Anon" on the envelope)

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[www.naranonmidwest.org](http://www.naranonmidwest.org)

(The password for the Member Service section on the Midwest Website: nmw13)