



MIDWEST REGION OF NAR-ANON



April GSR 2022 Conference Call Minutes

When: Saturday, April 16, 2022 9:00 am CST

Where: Zoom

Purpose of meeting is to discuss the business of the Midwest Region of Nar-Anon

Call to Order: Chair, Kevin 9:02 am CST
 Moment of Silence in honor of Theresa
 Serenity Prayer led by Kevin
 Tradition 4 and Concept 4: Rod

Roll Call: Secretary, Caitlin

Meeting Location - RSC Position	GSR	Meeting Location - RSC Position	GSR
AR Harrison	Valerie	Virtual	Rod , Webmaster
IL Schaumburg	Ilene	Virtual	Holley
IL Chicago	Cie	WI La Crosse	Rose , Assist. Webmaster
IL Naperville	Kim	WI Madison Tues	Suzi (Alt. GSR)
IL Homewood	Joni	WI Madison Mon	Brooksy
IL Willow Springs	Don		
IN Munster	Dana	RSC	Judy , Vice Chair
MO Chesterfield	Debbie	RSC	Kevin , Chair
MO Platte Woods	Rosemary	RSC	Caitlin , Secretary
MO Maryland Heights	Paula	RSC	Mary , Alt. Delegate
KS Leawood	Carly	RSC	Jim , Interim Treasurer
KS Topeka Wed	Ruthie	RSC	Cathy , Delegate
KS Topeka Sat	Gerri	RSC	Peggy , WI Area ASR

Bold indicates RSC member

*indicates left call, did not vote on minutes

Tradition 4 Discussion:

- Home Group
 - Not expect other groups to do things the same way we do ours; individual group “flavors”; invite NA guest speaker; NA presence at nar-Anon conventions and vice versa
- Family
 - Examine motives before actin; strive for humility and empathy; prepare for conversations ahead of time, but also be flexible; get Higher Power’s perspective; pause
- Service
 - Assembly Planning committee for example; quarterly business meetings; rotation of service is crucial; everyone represented



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Open Mic:

- Is everything in SESH book considered CAL?
- Have group inventories more often

Approval of Minutes:

See GSR Minutes sent via email & posted on MWR website

MOTION: Motion to accept the minutes from March 19, 2022 as written

Motion to approve: Kim

Seconded by: Ilene

No discussion

Motion approved

Final tally: 18 yes – 0 no – 0 abstain

Refer to attendees listed above

Financial Report: Jim, Interim Treasurer

See Treasurer Report sent via email & posted on MWR website

Donations: Leawood KS, La Crosse WI

Expenses: shipping Treasurer checkbook

MOTION: Motion to donate \$1000 to WSO in Thersea's memory

Motion to approve: Carly

Seconded by: Ruthie

No discussion

Motion approved

Final tally: 18 yes – 0 no – 0 abstain

Refer to attendees listed above

Website Report: Rod, Webmaster & Rose, Assistant Webmaster

Going to upload Theresa's monthly questions, Traditions discussion content

Working on getting financial reports, etc. uploaded

May include examples on Contact Us page of what to contact certain people about

Outreach Report: OPEN, Outreach Committee Chair

no report

Delegate Report: Cathy, Delegate & Mary, Alt. Delegate

nothing to report

WI Area: Peggy

Been working on contacting all GSRs to verify meeting status

NA Journeys convention in Minocqua coming up

OLD BUSINESS

Assembly update

MWR Assembly is 10/15/22

Committee had first meeting, will meet every 4th Sunday

Voting on theme

Finding Joy

Progress, Not Perfection



MIDWEST REGION OF NAR-ANON



Better Together

NEW BUSINESS

Hyperlink on WSO site

MWR motion to be written

Virtual option for 2023 WSC

MOTION: Motion in support of WSO offering virtual option for 2023 WSC

Motion to approve: Suzi

Seconded by: Rosemary

No discussion

Motion approved

Final tally: 18 yes – 0 no – 0 abstain

Refer to attendees listed above

Adjournment: Prayer for the Growth of Our Fellowship

Meeting closed by Chair, Kevin

Adjourned 10:39 am CST

Respectfully submitted by Secretary, Caitlin

GSRs are **invited** and **encouraged** to email any RSC members with discussion topic recommendations for next month's agenda prior to the first Saturday of the month.

Donations to the Region should be made payable to "Midwest Region of Nar-Anon" and forwarded to:
(Please do NOT write "Nar-Anon" on the envelope)

Jim Skoug
821 Wheeler Rd
Madison, WI 53704

www.naranonmidwest.org

(The password for the Member Service section on the Midwest Website: nmw13)