



## MIDWEST REGION OF NAR-ANON

### January RSC Conference Call Minutes

Sunday, January 2, 2021 – 7:30 pm CST

Where: Zoom

Purpose of meeting is to discuss the business of the Midwest Region of Nar-Anon

#### Call to Order 7:32 pm CST: Kevin, Chair

Open with the Serenity Prayer

Tradition 1 & Concept 1 read by Leanne

#### Roll Call: Caitlin, Secretary

Webmaster - Rod	Outreach Chair - Leanne
Delegate - Cathy	Chair - Kevin
Secretary – Caitlin	Alt. Delegate - Mary
WI ASR - Peggy	Vice Chair - Judy

\*indicates late to call, did not vote on minutes

#### Approval of Minutes:

**MOTION:** Motion to accept the minutes from December 5, 2021 as written

Motion to approve: Rod

Seconded by: Mary

No discussion

Unanimously approved (*Refer to attendees listed above*)

Final tally: 8 yes – 0 no – 0 abstain

#### Financial Report: Kevin, Interim Treasurer

<http://www.naranonmidwest.org/member-services/treasurers-reports/>

Donations: Leawood KS, Woodstock IL, Indianapolis IN

Expenses: none

#### Outreach Report: Leanne, Outreach Committee Chair

[Outreach](#) (Midwest website)

<https://www.nar-anon.org/outreach> (World Service website)

Leanne will send World Outreach call minutes to RSC

Another roundtable at end of January

[Congrats Leanne on retiring!!]

#### Convention Report: OPEN, Convention Committee Chair

<http://www.naranonmidwest.org/calendar/> (Midwest website)

<https://www.nar-anon.org/events> (World Service website)

#### Website Report: Rod, Webmaster

Committee meeting 1/3

#### Narateen Report: Kathy, Narateen Chair [absent]

<http://www.naranonmidwest.org/narateen/>

<https://www.nar-anon.org/narateen>

#### Delegate Report: Cathy, Delegate; Mary, Alt. Delegate

<https://www.nar-anon.org/>



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Nothing to report

### **WI ASR Report:** Peggy, WI ASR

Wausau NA Convention first weekend in February

Concerns about lack of COVID measures

### **Old Business:**

1. Meeting verifications
  - a. Encourage groups to contact WSO if they are closed
  - b. Judy met with McPherson GSR
    - i. Send starter packet after GSR attends GSR call
2. Regional Zoom account
  - a. Traditions
    - i. Kevin in contact with Zoom to try to get set up
    - ii. Try to have Jan. GSR call on new account?
3. New Year, New You
  - a. Kudos to Mary, Cathy, Rod, and Kevin
  - b. Attendance reached 162 during MWR's hour
  - c. A few take-aways:
    - i. "Be where your hands are"
    - ii. Pros/cons of timed shares
    - iii. Not commenting on others' shares (as a means of avoiding crosstalk)

### **New Business:**

1. Traditions discussion
  - a. Cathy and Mary will lead alternate months
  - b. One discussion question from each category:
    - i. Homegroup
    - ii. Relationships
    - iii. Service

\*\*\* Cathy will send questions out ahead of GSR meeting
  - c. Allot 20-25 minutes; 1-2 minute shares
  - d. Ask GSRs at Jan. meeting if they want to keep or change meeting format
2. Literature up for fellowship review
  - a. Does it automatically get sent to each region?
  - b. Can it be passed along to GSRs?
  - c. Is it on the WSO website?

### **Adjournment:**

**MOTION:** Motion to adjourn 1/2/22 meeting of MWR RSC

Motion to adjourn: Leanne

Seconded by: Peggy

No discussion

Unanimously approved (*Refer to attendees listed above*)

Final tally: 8 yes – 0 no – 0 abstain

Closing: "We" Version of Serenity Prayer



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Meeting closed by Chair, Kevin  
Adjourned 8:42 pm CST  
Respectfully submitted by Secretary, Caitlin