



## Midwest Region of Nar-Anon Family Groups

### Tradition 6

June 2022

Nar-Anon Midwest Region & Nar-Anon Family Groups

#### The Twelve Traditions of Nar-Anon Family Groups\*

Our Group experience suggests that the unity of the Nar-Anon Family Groups depends upon our adherence to these traditions.\*

#### Nar-Anon Literature

'Our Traditions: Principles for Groups and Beyond'

[Our Traditions - Principles for Groups and Beyond - NEW - Nar-Anon Webstore](http://nar-anon-webstore.myshopify.com)  
([nar-anon-webstore.myshopify.com](http://nar-anon-webstore.myshopify.com))

#### Tradition 6:

Our Family Groups ought never to endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim; but although a separate entity, we should always cooperate with Narcotics Anonymous.\*

#### Family Home Group

While we may feel linked to other helping organizations, such as churches, treatment centers, addiction education programs, other support fellowship and other 12 Step or recovery programs; ultimately we stand alone as Nar-Anon.\*\*

#### Study Question as it pertains to FHG:

*If members share something that I feel is against Tradition Six, how can I respond to them?\**  
*What problems can arise when we endorse other programs or treatment centers during our meeting?\**

#### Family

At times it can be difficult to keep the line that divides us clear. We are hopeful and excited about recovery, yet in equal measure, we are suspended in grief as we watch our loved ones slip further away from us.\*\*

#### Study Question as it pertains to Family:

*How does using tools of the program help me to overcome distorted financial messages-responsibilities?*  
*As I grow in the program, looking inward to build personal integrity, helps myself and family members in what ways?*

#### Service

**One character defect to consider is Ego: Blowing off anonymity and the desire to be noticed. Second character defect to consider is Caretaking: Easy to say 'yes' and that can lead us to caring for others and not ourselves.\*\***

**Study Question as it pertains to Service:**

***How does being aware of character defects help us in our service journey of recovery?  
How can we work with Narcotic Anonymous remaining mindful that our recovery programs are separate entities?***

Midwest Region GSR Tradition Study Six June 2022  
Text pulled from Nar-Anon literature\*  
Text pulled from 'Question of the Month June 2018\*\*  
Small sections pulled out for adaptation of application