



Midwest Region of Nar-Anon Family Groups

Tradition 11

November 2022

Nar-Anon Midwest Region & Nar-Anon Family Groups

The Twelve Traditions of Nar-Anon Family Groups*

Our Group experience suggests that the unity of the Nar-Anon Family Groups depends upon our adherence to these traditions.*

Nar-Anon Literature

'Our Traditions: Principles for Groups and Beyond'

[Our Traditions - Principles for Groups and Beyond - NEW - Nar-Anon Webstore \(nar-anon-webstore.myshopify.com\)](http://nar-anon-webstore.myshopify.com)

Tradition 11:

Our public policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, internet, and other forms of mass media. We need guard with special care the anonymity of all NA members.*

Family Home Group

The familiarity and group input of a meeting format builds trust and a sense of safety in the membership. Welcoming and disbursing basic necessary information, practicing consistency and keeping confidences with no gossip further keeps members coming back without our need to be in charge of the outcome of others.** Newcomers are attracted when they feel the serenity of the members within the meeting.***

Study Question as it pertains to FHG:

*How do we practice attraction, not promotion in our groups, Area and Region?**

*How can our positive ongoing communication with the meeting facility offer attraction?**

*Does our group promote with special care the anonymity of NA members or addicted loved ones or do we allow their anonymity to be divulged?****

Family

Many members may remember the days of giving advice, statistics and "official information" to promote recovery in loved ones. Through following program behavior of changing ourselves, those close to us in addiction may note in us a more serene way of life despite challenging situations. The door is open to addicts seeking their own peace through the steps and principles. Each person is responsible for choosing their own path. Tradition 11 gives another opportunity to keep the focus on ourselves, to make changes in our lives by working steps and applying program principles. Following this path may lead addicted family members or friends to seek recovery themselves.***

Study Question as it pertains to Family:

*Have your changed actions allowed others to seek recovery in their own time?****

*How does life in general change when we "live and let live"?****

Service

Anonymity is of utmost importance for the areas of press, radio, internet, video and all mass media, other lit/ paraphrased. If there is a question on possible repercussions of a person showing their face, providing their last name, or other ID information, we find it best to consult a service sponsor or mentor in the program before proceeding. The integrity of recovery must be guarded.** Since we are all equals and we speak as one voice we keep the anonymity of members and a consistent message outside of our meetings.***

Study Question as it pertains to Service:

*Why is it important to protect our anonymity as well as other members including NA members?**
*How does our conduct at conventions/assemblies possibly affect hotel staff or other guests' view of the Recovery program?****

*What is the difference between attraction and promotion?**

Midwest Region GSR Tradition Study Eleven 2022

Text pulled from Nar-Anon literature*

Text pulled from 'Question of the Month November 2019 -Tradition 11**

Text created by Delegate & Alternate Delegate***

Small sections pulled out for adaptation of application