

The GSR members voted during the December 2022 GSR meeting to have meetings to discuss the motions.

These meetings will be held on:

- Meetings will be held Sundays from January - March 2023
 - From 6:30 - 7:30 pm cst
 - **'Midwest Region WSC Motion Meeting List'**
 - **ZOOM:**
<https://us02web.zoom.us/j/85265241154?pwd=B5sR48rFyp7EF9rDZTmN6lpXmZhPUz.1>
 - Meeting ID: 852 6524 1154
 - Passcode: 765688
 - One tap mobile
 - +13092053325,,85265241154#,,, *765688# US
 - +13126266799,,85265241154#,,, *765688# US (Chicago)
 - Suggestion:
 - Print schedule
 - Share with FHG - have members share load attending Motion Meetings
 - FHG can review before & those questions can be shared during Sunday Motion Meetings
 - Attendee should be prepared to take notes to bring back from Sunday Motion Meetings to FHG
- Reviewing process for Motions & Recovery Literature
 - Weekly meetings OR One Meeting to review what is covered during Sunday Motion Meetings
 - Use Tally Sheet to record FHG vote
 - **'2022 WSC Motions Sheet FHG'**
 - Please save & rename with your FHG name
 - You can vote directly onto the document
 - **VOTES MUST BE RETURNED NO LATER THAN April 10, 2023**
 - Email: delegate@naranonmidwest.org & altdelegate@naranonmidwest.org
- Use the Recovery Literature sheet to rank FHG priorities
 - **'Recovery Literature Priority List'**
 - Please save & rename with your FHG name
 - You can note vote directly onto the document
 - **VOTES MUST BE RETURNED NO LATER THAN April 10, 2023**
 - Email: delegate@naranonmidwest.org & altdelegate@naranonmidwest.org
- Helpful resources
 - **'Guide to World Service' & 'Guide to Local Service'**
 - <https://www.nar-anon.org/service-literature>
 - download for yourself.
 - <https://nar-anon-webstore.myshopify.com/search?q=guide>
 - Purchase printed & bound from the Nar-Anon website:
 - You can print to place into a binder & keep if your group is meeting in person.

- GREAT for reference.

Attached within this email are documents from the WSC Committee.

'WSC 2023 CAR'

'Appendix to CAR Motion 22'

Since there is so much information & it can be overwhelming....you will receive an email a week before the Motions meeting.

There will be a word document that you can save. ONLY the Motions being discussed will be included.

ALL DOCUMENTATION will be loaded onto Midwest Region Website:

<https://www.naranonmidwest.org/calendar/>

Questions can be directed to either or both of us:

Cathy C - Delegate: elegate@naranonmidwest.org

Mary S - Alternate Delegate for Midwest Region: altdelegate@naranonmidwest.org

Cathy C

MWR Delegate

'Higher Power, guide me on my journey to peace and serenity.

Help me let go of self-will and turn my life over to your care.'