



## Midwest Region of Nar-Anon Family Groups

### GSR Agenda (v 1.0) Saturday - November 18, 2023 - 9:00 AM CT

**Zoom:**

<https://us02web.zoom.us/j/85265241154?pwd=B5sR48rFyp7EF9rDZTmN6lpXmZhPUz.1>

Access code for Midwest Website: nmr13

**Begin with a few minutes of gratitude**

**Call to Order:** Cathy, Chair - Open with 'The Serenity Prayer', Tradition 11, Concept 11

**Roll Call:** Brooksy B, Secretary

**Concept 11 Discussion:**

**Approval of Minutes:** October 21, 2023

[GSR Conference Call Meeting Minutes | Nar-Anon Midwest Region](#)

**Financial Report:** Jim S, Treasurer - October 2023 - New Budget

[Financial Records | Nar-Anon Midwest Region](#)

**Outreach Report:** Marty K, Outreach Committee Chair

[Outreach | Nar-Anon Midwest Region](#)

[Outreach – Nar-Anon Family Groups](#)

**Website Report:** Steve E, Web Committee Chair

**Narateen Report:** Kathy S, Committee Chair

[Narateen | Nar-Anon Midwest Region](#)

<https://www.nar-anon.org/what-is-narateen>

**Delegate Report:** Mary S, Delegate & Vacant, Alternate Delegate



**GSR sharing SESH - Questions-Concerns**

**Old Business**

1. Open positions - GLS link below for reference
  - a. Vice-Chair
  - b. Alternate Delegate
2. Common Welfare Topics - Mary S
  - a. [World Service Conferences – Nar-Anon Family Groups](#)

**New Business**

1. GSR meeting
  - a. Third Saturdays @ 9:00 - how long should the meeting be?

- b. Open with: *'The Serenity Prayer'* (I or WE version), *Tradition of month, Concept of month*
  - c. Close with: *'Prayer for the Growth of Our Fellowship'*
  - d. Topics for 2024 teaching-discussion
  - e. Communication preference with Midwest Region members
  - f. Open meeting 15 minutes early & leave open 15 minutes after for conversation
- 2. Midwest Literature Committee - Mary S
- 3. P&G presentation: Service Structure - Mary S
  - a. [Policies and Guidelines — Nar-Anon Family Groups](#)
  - b.  Nar-Anon's Concepts of Service Our Best Kept Secrets! Online Roundtable\_20...
- 4. Review 2023 Assembly
  - a. How did the Hybrid version work for the business meeting?
    - i. Voting format
    - ii. GSR-RCC members had to pay to participate in Business meeting
  - b. How did the Hybrid version work for the Workshops?
  - c.  Accounting Final 2023 Assembly.xlsx
- 5. Assembly 2024
  - a. Should Assembly be a fundraiser?
  - b. Should there be a charge for attending
  - c. Thoughts on Assembly (which is regions end of year meeting) be remote
  - d. Thoughts on Regional Workshop at a different time
    - i. Remote-In Person-Hybrid
    - ii. Should there be a cost or free
- 6. Outreach
  - a. Brainstorm ideas
- 7. Roster - Midwest & World websites
  - a. Cathy has begun to clean up working with Steve & WSO (World Service Office)
- 8. Worldwide Nar-Anon Events
  - a. [Events – Nar-Anon Family Groups](#)
  - b. History Speaks: November 18 @ 10:30 AM
    - i. [@https://static1.squarespace.com/static/53714efae4b0db8de8cdfaf8/t/654bd99850fdf771e9318dee/1699469721277/Nar-Anon+History.png](https://static1.squarespace.com/static/53714efae4b0db8de8cdfaf8/t/654bd99850fdf771e9318dee/1699469721277/Nar-Anon+History.png)
  - c. New Year - New You @ December 31, 2023
    - i. Regions can lead - interested - not sure if they still have openings
    - ii. <https://static1.squarespace.com/static/53714efae4b0db8de8cdfaf8/t/652596ff246d615f6062ef35/1696962308419/NYNY-v2-FINAL+%28004%29.png>
- 9. Topics missed that need to be discussed

**Adjournment:** *'Prayer for the Growth of Our Fellowship'*

Important links:

 MWR Roster 231112

[Nar-Anon Midwest Region](#)

[Nar-Anon Family Groups](#)

[Newsletter – Nar-Anon Family Groups](#)

[Guide to Local Service 2021](#)

[GUIDE TO WORLD SERVICES 2023-2005](#)

[Budget & Finance Committee – Nar-Anon Family Groups](#)