



## Midwest Region of Nar-Anon Family Groups

### GSR Agenda (v 1.0) Saturday - December 9, 2023 - 9:00 AM

#### **Zoom:**

<https://us02web.zoom.us/j/85265241154?pwd=B5sR48rFyp7EF9rDZTmN6lpXmZhPUz.1>

Access code for Midwest Website: nmr13

**Zoom will be opened 15 minutes before and remain open 15 minutes after meeting for conversation**

**Begin with a few minutes to reflect on Boundaries**

**Call to Order:** Cathy, Chair - Open with 'The Serenity Prayer', Tradition 12, Concept 12

**Roll Call:** Brooksy, Secretary

**Approval of Minutes:** November 18, 2023

[GSR Conference Call Meeting Minutes | Nar-Anon Midwest Region](#)

**Financial Report:** Jim, Treasure

Approval of November 2023 report

[Financial Records | Nar-Anon Midwest Region](#)

**Outreach Report:** Marty, Outreach Committee Chair

[Outreach | Nar-Anon Midwest Region](#)

[Outreach – Nar-Anon Family Groups](#)

**Website Report:** Steve, Web Committee Chair

Clean up of meetings in process

Requests for meeting changes - made by Delegate or Alternate Delegate

**Narateen Report:** Kathy S., Committee Chair

[Narateen | Nar-Anon Midwest Region](#)

<https://www.nar-anon.org/what-is-narateen>

**Delegate Report:** Mary, Delegate & VACANT, Alternate Delegate

IWSC update

[World Service Conferences – Nar-Anon Family Groups](#)

2-Appendix to CAR Motion 22 Updated.pdf

#### **Old Business**

1. Open positions - GLS link below for reference
  - a. Vice-Chair
  - b. Alternate Delegate
2. Reimbursement of funds for materials supplied by Muster, IN for new IN groups
3. Discussion on purchase of materials by Region for FHG after Starter Packet
  - a. Traditions to keep in mind

- i. #1: Our common welfare should come first; personal progress for the greatest number depends on unity.
    - ii. #7: Every group ought to be fully self-supporting, declining outside contributions.
  - b. Concepts to keep in mind
    - i. #6: Group conscience is the spiritual means by which we invite our loving Higher Power to influence our decisions.
    - ii. #7: All members of a service body bear substantial responsibility for that body's decisions and should be allowed to fully participate in its decision-making processes.
    - iii. #11: Nar-Anon funds are used to further our primary purpose to carry the message, and must be managed responsibly.
  - c. Meghan-'Little Rock Naranon' had asked to split cost of box of SESH books
  - d. History of Regional Monetary assistance to Family Home Groups & Mentoring Program
    - i. 2019 Midwest Regional Documents
      - 1. [W Mentoring Process checklist.docx](#)
      - 2. [W MWR Mentoring Process Outline.docx](#)
      - 3. [W Starter Kit Literature Committee Meeting Notes - 190819.docx](#)
      - 4. Nar-Anon Webstore 'New Group Packet'
        - a. <https://nar-anon-webstore.myshopify.com/collections/specialty-items/products/new-group-packet?variant=299307005>
      - 5. Discussion
  - e. Creation of RSC-GSR Ad-Hoc Committee to review 2019 documents & return with updated suggestions

## New Business

1. Midwest Literature Committee - Mary S
2. P&G presentation: Service Structure - Mary S
  - a. [Policies and Guidelines — Nar-Anon Family Groups](#)
  - b. [Nar-Anon's Concepts of Service Our Best Kept Secrets! Online Roundtable\\_20...](#)
3. What do we want to focus on for GSR meetings in 2024?
4. Review 2023 Assembly
  - a. How did the Hybrid version work for the business meeting?
    - i. Voting format
    - ii. GSR-RCC members had to pay to participate in Business meeting
  - b. How did the Hybrid version work for the Workshops?
  - c. [X Accounting Final 2023 Assembly.xlsx](#)
5. Assembly 2024
  - a. Should Assembly be a fundraiser?
  - b. Should there be a charge for attending
  - c. Thoughts on Assembly (which is regions end of year meeting) be remote
  - d. Thoughts on Regional Workshop at a different time
    - i. Remote-In Person-Hybrid
    - ii. Should there be a cost or free
6. Outreach
  - a. Brainstorm ideas
  - b. Do FHG have Outreach Chairs?
  - c. Creation of Ad-Hoc Committee to return with suggestions for yearly focus
7. Worldwide Nar-Anon Events
  - a. New Year - New You @ December 31, 2023
    - i. Regions can lead - interested - not sure if they still have openings

- ii. <https://static1.squarespace.com/static/53714efae4b0db8de8cdfaf8/t/652596ff246d615f6062ef35/1696962308419/NYNY-v2-FINAL+%28004%29.png>
  - b. Rocky Mountain Region: 1st 7-Night Recovery Cruise (02/2025)
    - i. [https://www.groupminder.com/internet/resBasePak.cfm?cstId=138&evtId=1&sessionId=GTTCSTINTER\\_138\\_1\\_0\\_6688711\\_b2e39a44727e38c3-BD2D38A5-B01F-BA81-6AEF7CBA8EC07FC9Worldwide+Nar-Anon+Events](https://www.groupminder.com/internet/resBasePak.cfm?cstId=138&evtId=1&sessionId=GTTCSTINTER_138_1_0_6688711_b2e39a44727e38c3-BD2D38A5-B01F-BA81-6AEF7CBA8EC07FC9Worldwide+Nar-Anon+Events)
  - c. New Year - New You @ December 31, 2023
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  - d. Website Roundtable- January 6, 2024
    - i. <https://static1.squarespace.com/static/53714efae4b0db8de8cdfaf8/t/652d68733f45844de76a85fb/1697474676079/Website+Roundtable+2024-01-06.pdf>
  - e. Rocky Mountain Region: 1st 7-Night Recovery Cruise (02/2025)
    - i. [https://www.groupminder.com/internet/resBasePak.cfm?cstId=138&evtId=1&sessionId=GTTCSTINTER\\_138\\_1\\_0\\_6688711\\_b](https://www.groupminder.com/internet/resBasePak.cfm?cstId=138&evtId=1&sessionId=GTTCSTINTER_138_1_0_6688711_b)
  - f. IWSC - April 19 - 21, 2024
    - i. [World Service Conferences – Nar-Anon Family Groups](#)
8. Topics missed - if time can be discussed or moved to January GSR 2024 agenda

**Concept 12 Discussion:** 20 minutes begin @ 9:50

**Close meeting with:** *'Prayer for the Growth of Our Fellowship'*

Important links:

 MWR Roster 231127

[Nar-Anon Midwest Region](#)

[Nar-Anon Family Groups](#)

[Newsletter – Nar-Anon Family Groups](#)

[Guide to Local Service 2021](#)

[GUIDE TO WORLD SERVICES 2023-2005](#)

[Budget & Finance Committee – Nar-Anon Family Groups](#)