



Midwest Region of Nar-Anon Family Groups

Concept 3

March 2023

Nar-Anon Midwest Region & Nar-Anon Family Groups

The Twelve Concepts of Nar-Anon Service*

Just as freedom for the individual comes from the Twelve Steps and freedom for the groups springs from the Twelve Traditions, so freedom for the service structure flourishes from the Twelve Concepts.*

Concept 3:

The Nar-Anon Family Groups delegate to the service structure the authority necessary to fulfill the responsibility assigned to it.*

Family Home Group & Service

Delegation of authority frees up both groups and services:

Groups are able to devote themselves to carrying the Nar-Anon message in meetings.

Service efforts can move forward to better serve Nar-Anon's primary purpose:

Outreach, Literature, and Policy and Guidelines Committees. . . the description of the tasks and guidelines of service cover almost all eventualities but motions from group level on up can address possible modifications.

Study Question as it pertains to FHG & Service:

Building on the principle of delegation requires mutual trust. Faith in HP helps us to trust the outcome of decisions made.

In what ways can a group, service board or committee consult their collective Group Conscience?

When have you participated in this way?

How does delegation help us collectively deal with the possible problem of control?

How many World Service Committees are there and how can I learn more about them?

Has your FHG or Area or RSC delegated responsibility to service boards or committees?

Provide examples (positive/negative/neutral)

Why is Concept 4 & Tradition 12 - important in relation to Concept 3?

Relationships

Life can be much more serene as an outcome of following Concept 3. Trusting our HP to work in others' lives as well as our own can result in giving up on the idea of micromanaging. Clear open communication is a key piece of this Concept, requiring each of us to look inwardly at ourselves and outwardly as we hand over a task/project.

Study Question as it pertains to Relationships:

How has trusting the decisions of others worked to enhance participation in your family, friendships or workplace situations?

Working a 4th Step inventory may help in not applying past experiences to present situations. How has this been made evident in your life?

As we grow with the Nar-Anon program:

Can you reflect & share past action(s) in which you did not include Concept 3.

What was the outcome?

Can you reflect & share past action(s) where you did include Concept 3.

Were the outcomes surprising - different than you expected or what had happened in the past?

Midwest Region GSR Concept Study 3 - 2023
Text pulled from Nar-Anon literature*
Text created by Delegate & Alternate Delegate
Small sections pulled out for adaptation of application