



Midwest Region of Nar-Anon Family Groups

Concept 2

February 2023

Nar-Anon Midwest Region & Nar-Anon Family Groups

The Twelve Concepts of Nar-Anon Service*

Just as freedom for the individual comes from the Twelve Steps and freedom for the groups springs from the Twelve Traditions, so freedom for the service structure flourishes from the Twelve Concepts.*

Concept 2:

The final responsibility and authority for Nar-Anon services rests with the Nar-Anon Family Groups.*

In practice, the responsibility and the authority are flip sides of the same coin. . . exercising one is also exercising the other"*** The service structure will not know what kind of services are needed without the voice of the groups.

Family Home Group & Service

The group's primary responsibility is to elect a GSR to represent their best interests as well as that of the entire Nar-Anon fellowship. Careful selection of the GSR keeping in mind leadership qualities and then providing that GSR with support and guidance results in each member's voice being heard.**

Service work and committees are direct outcomes of our fellowships verbalizing their needs.

Groups have created the service structure and thereby are responsible for the spiritual and financial necessities to fulfill the mission of Nar-Anon fellowship.

Study Question as it pertains to FHG & Service:

*How do we keep the communication open between GSR and the Area/Region/WSC and then back to each group member? Eg. Do you hold regular business meetings?****

*How does a group inventory help keep the communication and representation healthy?****

*Does rotation of service aid in healthy home groups?****

*Is the service structure discussed and understood by your FHG?****

Relationships

As in the structure of service groups, structure in personal groups may experience problems. Acting responsibly to remedy problems by exercising patience, respect and acceptance works better than "quick fixes" done in haste.

Study Question as it pertains to Relationships:

*How does the principle of Concept Two show me how to let go of authority and let others find their responsible way to carry out a task?****

How might delegating tasks help the work get done in a more responsible way for members, especially those newer to the group? (service related or in personal relationships)**

Sharing responsibilities can result in gaining trust for all . . it is a win-win situation. How can you share this benefit in your relationships?***

What skills/tools shared with me in Nar-Anon, as it pertains to responsibilities & authority - have I implemented in my personal relationships/group situations?***

Midwest Region GSR Concept Study 2 - 2023
Text pulled from Nar-Anon literature*
Text created by Delegate & Alternate Delegate**
Text pulled from NA literature***
Small sections pulled out for adaptation of application