



## Midwest Region of Nar-Anon Family Groups

# RSC Agenda (V 1.0) Sunday, December 3, 2023 7:00 PM

### Zoom:

<https://us02web.zoom.us/j/85265241154?pwd=B5sR48rFyp7EF9rDZTmN6lpXmZhPUz.1>

Access code for Midwest Website: nmr13

**Call to Order:** Cathy, Chair - Open with Serenity Prayer, Tradition 12, Concept 12

**Roll Call:** Brooksy, Secretary

**Approval of Minutes:** November 2023

**Financial Report:** Jim, Treasurer

November 2023

Reimbursement to RSC members for Assembly cost - Brooksy sent email in November

Change names on bank account

**Outreach Report:** Marty, Outreach Committee Chair

**Website Report:** Steve, Web Committee Chair

Regional emails via webmail

Email forwarded by Cathy from Steve with tutorial on how to use

Walk through

Use of Regional Emails discussion

Use exclusively as separate email

Forward to personal email

Creation of

Narateen & Outreach Chairs

No one in position discussion

Vice Chair & Alternate Delegate

Updating of meeting information on Midwest website

In-Person / Virtual / Hybrid

Virtual

Only on Virtual list

Cathy can engage Virtual for Hyperlink

Change Location to Group Name

**Narateen Report:** Kathy S, Committee Chair

**Delegate Report:** Mary S, Delegate & VACANT, Alternate Delegate

IWSC update

[World Service Conferences – Nar-Anon Family Groups](#)

■ 2-Appendix to CAR Motion 22 Updated.pdf

## Old Business

1. Communication
  - a. Texting for quick information & FYI
  - b. Regional emails
2. Zoom account
  - a. Steve has set up Regional emails
  - b. Kevin can move primary to [chair@midwestnaranon.org](mailto:chair@midwestnaranon.org)
  - c. Kevin sent Jim & Cathy email on renewal date of Jan 9
    - i. Need to hook up Regional/Jim's debit card to account
3. Outreach
  - a. Thoughts
4. Updating Midwest Roster
  - a. 11/9/23: Cathy sent email to WSO asking if they have ability to pull & share list of Groups & Contact information
  - b. How long do we keep FHG listed without a response?
    - i. Cathy can share examples
5. Literature Committee for Region - Mary
6. Dual-Membership
  - a. [https://mail.google.com/mail/u/0?ui=2&ik=27c4bbe68e&attid=0.1&permmsgid=msg-a:r-3779959042382842886&view=att&disp=safe&realattid=f\\_lphjq2eu0](https://mail.google.com/mail/u/0?ui=2&ik=27c4bbe68e&attid=0.1&permmsgid=msg-a:r-3779959042382842886&view=att&disp=safe&realattid=f_lphjq2eu0)

## New Business

1. Discussion on purchase of materials by Region for FHG after Starter Packet
  - a. Meghan-'Little Rock Naranon' had asked to split cost of box of SESH books
  - b. Parameters/Language created for when FHG needs funds from region
2. Kathy S - Narateen Committee Chair
  - a. Emailed 11/20/23
  - b. Tradition 4: Effective leadership is highly valued in Nar-Anon. Leadership qualities should be carefully considered when selecting trusted servants
  - c. Tradition 8: Regular two-way communications are essential to the fulfillment of all these concepts and the integrity and effectiveness of our services themselves.
3. Worldwide Nar-Anon Events
  - a. New Year - New You @ December 31, 2023
    - i. Regions can lead - interested - not sure if they still have openings
    - ii. <https://static1.squarespace.com/static/53714efae4b0db8de8cdfaf8/t/652596ff246d615f6062ef35/1696962308419/NYNY-v2-FINAL+%28004%29.png>
  - b. Website Roundtable- January 6, 2024
    - i. <https://static1.squarespace.com/static/53714efae4b0db8de8cdfaf8/t/652d68733f45844de76a85fb/1697474676079/Website+Roundtable+2024-01-06.pdf>
  - c. Rocky Mountain Region: 1st 7-Night Recovery Cruise (02/2025)
    - i. [https://www.groupminder.com/internet/resBasePak.cfm?cstId=138&evtId=1&sessionId=GTTTCSTINTER\\_138\\_1\\_0\\_6688711\\_b](https://www.groupminder.com/internet/resBasePak.cfm?cstId=138&evtId=1&sessionId=GTTTCSTINTER_138_1_0_6688711_b)
  - d. IWSC - April 19 - 21, 2024
    - i. [World Service Conferences – Nar-Anon Family Groups](#)
4. What did we miss?

**Close with** *'Third Step Prayer'*

Important links:

 [MWR Roster 231127](#)

[Nar-Anon Midwest Region](#)

[Nar-Anon Family Groups](#)

[Events – Nar-Anon Family Groups](#)

[Activities – Nar-Anon Family Groups](#)

[Newsletter – Nar-Anon Family Groups](#)

[Guide to Local Service 2021](#)

[GUIDE TO WORLD SERVICES 2023-2005](#)

[Budget & Finance Committee – Nar-Anon Family Groups](#)