



## Midwest Region of Nar-Anon Family Groups



# RSC Agenda <sup>(v 1.1)</sup> Sunday, January 7, 2024 7:00 PM

### Zoom:

<https://us02web.zoom.us/j/85265241154?pwd=B5sR48rFyp7EF9rDZTmN6lpXmZhPUz.1>

Access code for Midwest Website: nmr13

**Call to Order:** Cathy, Chair - Open with Serenity Prayer, Tradition 1, Concept 1

**Roll Call:** Brooksy, Secretary

**Approval of Minutes:** November 2023 & December 2023

**Financial Report:** Jim, Treasurer:

November 2023 & December 2023

Assembly reimbursement - IWSC payment - IN FHG paid

Bank account contact update in January

**Outreach Report:** Vacant, Outreach Committee Chair (Marty resigned via email 1/2/24)

**Website Report:** Steve, Web Committee Chair

Concepts/Financials/Recordings - Treasurer's Report on website

**Narateen Report:** Kathy, Committee Chair

**Delegate Report:** Mary, Delegate & Vacant, Alternate Delegate

### Old Business

1. Updating to roster & website still in progress
2. Zoom account
  - a. Move from Kevin's personal account to Midwest Regional Chair email
  - b. Cancel & move yearly billing from Kevins' Midwest debit card to Treasure's debit card
3. FHG change request process
  - a. December GSR meeting- Motion made: Delegate/Alt Delegate. If not from one of them, Webmaster replies & asks that Delegate/Alt Delegate send request to ensure we have accurate information
4. Regional emails
  - a. Steve has forwarded to personal emails of all active members of RSC
  - b. How is everyone using regional emails? Shall we keep personal emails on the roster?
  - c. Creation of email addresses: Outreach - Nara-Teen
  - d. Cathy to update all contact information to WSO with Regional emails
  - e. If position(s) is not filled?
    - i. Remove from Midwest website
    - ii. Keep on Midwest website & forward to Chair
      1. World may send information that needs to be shared
5. Dual Membership

## New Business

1. Kathy S - Narateen Committee Chair
  - a. Emailed 11/20/23
  - b. Tradition 4: Effective leadership is highly valued in Nar-Anon. Leadership qualities should be carefully considered when selecting trusted servants
  - c. Tradition 8: Regular two-way communications are essential to the fulfillment of all these concepts and the integrity and effectiveness of our services themselves.
2. Interest in New In-Person meeting in St Louis, MO
  - a. Meeting with Polly & Megan in January to begin review
3. Creation of Nar-Anon Midwest Regional Guidelines
  - a. History of decisions have not been kept in one location
  - b. Written guidelines will keep one main document that can be referred to & updated when needed
  - c. [NCR NFG Guidelines of 26MAR2016](#)
4. Creation of archive system - Dropbox
5. Worldwide Nar-Anon Events
  - a. Website Roundtable - January 6, 2024
    - i. <https://static1.squarespace.com/static/53714efae4b0db8de8cdfaf8/t/652d68733f45844de76a85fb/1697474676079/Website+Roundtable+2024-01-06.pdf>
  - b. Recovery Writing Workshop - January 14, 2024
    - i. [https://static1.squarespace.com/static/53714efae4b0db8de8cdfaf8/t/65735edd5f9f1176de458a61/1702059749577/RMR+Writing+Workshop\\_1.pdf](https://static1.squarespace.com/static/53714efae4b0db8de8cdfaf8/t/65735edd5f9f1176de458a61/1702059749577/RMR+Writing+Workshop_1.pdf)
  - c. Carry the Message - January 27, 2024
    - i. <https://static1.squarespace.com/static/53714efae4b0db8de8cdfaf8/t/65720e5cf517ee2e6a7976be/1701973597492/Carry+the+Mesaage+Flyer+January+2024.pdf>
  - d. Western Regions Conference - February 10, 2024
    - i. <https://static1.squarespace.com/static/53714efae4b0db8de8cdfaf8/t/65720e5cf517ee2e6a7976be/1701973597492/Carry+the+Mesaage+Flyer+January+2024.pdf>
  - e. IWSC - April 19 - 21, 2024
    - i. [World Service Conferences – Nar-Anon Family Groups](#)
6. What did we miss?

**Close with 'Third Step Prayer'**

Important links:

 MWR Roster 231127

[Nar-Anon Midwest Region](#)

[Nar-Anon Family Groups](#)

[Newsletter – Nar-Anon Family Groups](#)

[Guide to Local Service 2021](#)

[GUIDE TO WORLD SERVICES 2023-2005](#)

[Budget & Finance Committee – Nar-Anon Family Groups](#)