



Midwest Region of Nar-Anon Family Groups

Growth - Healthy Meetings - Recovery

Study: Guide to Local Service

Pages 4-1 to 4-6

Nar-Anon Midwest Region

Nar-Anon Family Groups

2024 - 2025

Service Literature — Nar-Anon Family Groups

Page 4-1 to 4-6 Group Structure

1. How does your FHG elect officers & how often are service positions rotated?
2. What officers are listed in GLS? Can you list them along with a few duties of each?
 - a. Does your FHG have these positions filled?
 - b. Does your FHG have other officers/positions? Explain
3. How might your group 'share the Chair' so all members can take turns leading a meeting?
4. Group Service Representative (GSR)
 - a. How long have you served in this position? Does this align with guidelines in GLS?
 - b. How can understanding the Twelve Traditions & Twelve Concepts help serve as a GSR?
5. How can the GSR and Secretary share in 2 way communication between group members and other levels of the service structure?
6. How does your treasurer keep track of the group's expenses and donations? How often do you report to your FHG? How often does your FHG donate up?
7. Now that the GSR is becoming familiar with the GLS and GWS, how are you sharing the information with your FHG?
8. Has your FHG ever used the agenda for Group Conscious?
 - a. Yes/No?
 - b. If not, does your group perform Group Conscious in another way?
 - c. Why is it advantageous for all members to have the Group Conscience agenda announced several weeks in advance?
9. Can one take a service position in multiple groups?
 - a. Although we may choose to attend various group meetings, why do we declare one our 'home group'?
10. What is Dual-Membership?
 - a. What service positions can these members hold & not hold?
11. How does 'Our Common Welfare' (Tradition One) come into play in regards to the outcome of a Group Conscience?

12. How can we take the process used in Group Conscious within our meetings out into our life?
13. How does your group balance their autonomy while keeping aligned with Nar-Anon guidelines?
14. Who has the ability to close a group?
 - a. How do we follow Tradition 4 in regards to possibly removing a group from a directory, meeting list and/or website?